

THE SPA AT
THE NEW YORK
EDITION[®]

SPA MENU

Our intentionally streamlined menu is edited to respect your time and intelligence while providing meaningful choices. Should you want more information on any of our service offerings, please consult the online menu or contact our spa experts for more details.

MASSAGE & BODYWORK

EDITION HOUSE MASSAGE	60m / 90m
Firm and nurturing massage with unscented oil. The perfect choice for those who want a Swedish-style massage to alleviate general aches and pains and promote total relaxation.	\$180 / \$255

BUILD A MASSAGE - Tick your choices

Touch	Style	Oil/Lotion	60m / 90m
<input type="checkbox"/> Gentle	<input type="checkbox"/> Flowing	<input type="checkbox"/> Unscented (Nut Free)	\$180 / \$255
<input type="checkbox"/> Firm	<input type="checkbox"/> Nurturing	<input type="checkbox"/> Energize	
<input type="checkbox"/> Deep	<input type="checkbox"/> Slow	<input type="checkbox"/> Unwind	
<input type="checkbox"/> Therapeutic	<input type="checkbox"/> Energetic	<input type="checkbox"/> Detox	
<input type="checkbox"/> Stones	<input type="checkbox"/> Focused	<input type="checkbox"/> Remedy	
<input type="checkbox"/> Pregnancy	<input type="checkbox"/> Sports	<input type="checkbox"/> Lotion	

Have it your way by designing a massage based on exactly what you want and need.
Choose the type of touch, the style of massage, the oil or lotion and the length of time you prefer.
Our therapists will incorporate your specific preferences to craft a truly customized massage.

MASSAGE ENHANCEMENTS

Upgrade your massage by choosing one or more from our list of additions:

<input type="checkbox"/> Oxygen Therapy	\$25
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Oxygen therapy is among the most efficient methods of calming, detoxifying and purifying the body. During your massage an oxygen headset allows you to breathe pure oxygen infused with your choice of therapeutic aromatherapy blend.

<input type="checkbox"/> Reflexology	30m / \$75
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30 minutes of foot massage with special attention to reflexology points that correspond to specific energy zones throughout the body.

<input type="checkbox"/> Head Massage with hair/scalp treatment	30m / \$75
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A combination of pressure point techniques and relaxing massage is used to relieve tension, while rich oil elixir and nourishing mask revitalize follicles, nourish the scalp and repair dry or damaged hair.

BODY TREATMENTS

TRIPLE EXFOLIATION AND MASSAGE

60m / 90m

3 exfoliation techniques combined with your choice of massage.

\$195/ \$270

The triple exfoliation begins with a thorough dry brushing of the body to stimulate lymph flow and remove dead skin. Next a rich blend of shea and mango butter combined with Himalayan detox salt crystals further exfoliates, softens and nourishes the skin. A final polish delivers a glowing luster. The service concludes with 30 or 60minutes of massage.

FITNESS

PERSONAL TRAINING

Upon Request

High-impact workouts based on fitness level and goals.

ASSISTED STRETCHING

Upon Request

Improve flexibility, range of motion and body alignment.