

# SPA EDITION

## SPA MENU

EMAIL SPA.AUH@EDITIONHOTELS.COM  
PO BOX 127799, AL BATEEN MARINA, ABU DHABI, UAE  
PHONE 02 208 0000 FAX 02 208 0001  
WWW.EDITIONHOTELS.COM

## WELCOME

The EDITION Spa embraces the generous spirit of Abu Dhabi, where hospitality lies at the heart of its culture. Where tradition meets innovation and settings and experiences carefully combine warmth and personal comfort with a distinctly modern sensibility. We offer you 7 treatment suites with private dressing rooms and a lavish couples suite.

Showcasing the best spa, wellness treatments and beauty / grooming services the EDITION Spa blends timeless philosophies and innovative techniques, to provide customized treatments featuring bespoke scent, sound, touch and premium products.

## SPA HOURS

Spa opening hours are from 10am to 10pm. Special requests for treatments outside of normal spa hours may be considered individually and are subject to availability and an accommodation fee.

## CANCELLATIONS

All reservations within 4 hours of booking are subject to a 50% cancellation charge. All no-show appointments will be charged in full.

## ACCESSIBILITY AND ARRIVAL

The EDITION Spa is available to all hotel guests and area locals who are 16 years of age or older. Pools may only be accessed by in-house guests. We suggest that you arrive 15-30 min prior to your scheduled appointment for an optimal spa experience and to allow a brief discussion about your treatment expectations. Arriving late will limit the time for your appointment. Please notify the receptionist if you are pregnant, have disabilities, allergies, or any other health concerns upon booking.

## EDITION RITUALS

Enjoy the ultimate spa experience with these integrated experiences and targeted solutions for modern lifestyle.

### CEREMONY OF LOVE AED 2500 / 120m

Show your love by indulging in this ceremony together. Enjoy an exotic Hammam bathing ritual and full body massage. Select from either Moroccan or Turkish versions of this updated Middle Eastern classic.

Mini facial / deep cleanse and exfoliation / body and hair mask / hydrating elixir / massage

### LOUD RENEWAL AED 995 / 120m

Luxuriate in lush layers of healing botanical extracts and hydrating serums infused by the potent effects of Oud. Regulating the nervous system, releasing muscle tension and rejuvenating your skin.

Oud Radiance facial / full body massage with Oud Arabian oil

### ENERGY BALANCING AED 790 / 90m

Long gentle glowing movements are applied with variable pressure to relieve stress, while marma point therapy and Chakra balancing techniques regulate emotions and restore vital energy.

Relaxing back massage / Chakra balancing / guided meditation / decollete, face and scalp massage

### TRAVELERS CORNER AED 900 / 120m

Perfect ending to a tiring, busy day. Unwind with an invigorating body scrub, followed by the 30 minutes targeted massage and a choice of express facial or foot reflex treatment.

Body scrub / targeted massage / choice of express facial or foot reflex

## MASSAGE & BODYWORK

### EDITION HOUSE MASSAGE AED 495 / 60m AED 650 / 90m

Firm and nurturing, a Swedish-style massage to alleviate general aches and pain and promote total relaxation.

### DEEP TISSUE AED 495 / 60m AED 650 / 90m

The go-to for athletes and those who appreciate intense bodywork: slow focused techniques reach deep muscle layers and connective tissue to ease tension and enhance mobility.

**BALINESE** AED 495 / 60m AED 650 / 90m

A soothing sequence of stretching and sweeping massage is combined with warmed oils to promote deep relaxation.

**HOT VOLCANIC STONE** AED 495 / 60m AED 650 / 90m

A massage therapy which melts away tension, eases muscles stiffness and increases circulation and metabolism using volcanic heated stones.

**PINDA SWEDA HERBAL POULTICE** AED 575 / 60m AED 700 / 90m

Therapeutic Ayurvedic massage is performed using the warmed herbal bags, dipped in herbal oil, on the joints, muscles, tendons, ligaments and soft tissues.

**HEALING SOUND THERAPY** AED 495 / 60m

Sound bowls transfer harmonizing energy to ground the body on a deep cellular level while balancing the brain wave frequencies.

**FOOT REFLEX** AED 320 / 45m AED 400 / 60m

Reflexology is based on the principle, of our organs being mapped onto corresponding points on our feet and by applying pressure on these points, stimulating the energy flow and restoring balance and promoting well-being.

**TARGETED** AED 275 / 30m

Maximum impact in minimum time. A focused massage that targets specific areas of concern to provide the perfect pick-me-up.

## MASSAGE ENHANCEMENTS

**ODU BODY OIL** AED 80

Feed the skin and calm the mind with a rich blend of hydrating body oils infused with Oud, rose and sandalwood. (No additional time)

**BODY SCRUB** AED 320 / 45m

Remove dead skin cells, stimulate circulation and nourish dry skin with an intensely invigorating and refining exfoliation.

**REVIVING BACK RENEWAL** AED 400 / 45m

Experience a deep cleanse, exfoliation and soothing mask designed to focus on that hard to reach area. Massage that concentrates on the neck, shoulders and back to relax and soothe tight muscles.

## BODY THERAPIES

**HAMMAM** AED 575 / 60m

Lavish full body purification focusing on cleansing, nourishment and total rejuvenation.

**ROSE RESTORE** AED 895 / 90m

Prized for its soothing and healing properties, this hydrating ritual calms the mind and feeds the body with layers of organic rose-infused products and rose quartz crystals.

## FACIALS

**SKIN FITNESS BY SODASHI** AED 600 / 60m AED 850 / 90m

Tailored for a man's specific needs, this facial balances and purifies while alleviating shave irritation. Ideal for all skin types. 90 minutes includes a back massage.

**DEEP CLEANSING BY OMOROVICZA** AED 600 / 60m

Thorough cleansing and exfoliation help draw out impurities and detoxify the skin to clear congestion, regulate moisture balance and reduce enlarged pores, resulting in healthier glowing skin.

**GOLD HYDRA LIFT BY OMOROVICZA** AED 750 / 75m

Packing serious healing and hydrating power, bio-available gold stimulates circulation to strengthen the skin, while a sculpting facial massage and soothing eye treatment lift and tone.

**BLUE DIAMOND BY OMOROVICZA** AED 925 / 90m

This firming and brightening treatment helps to revitalize dull, tired skin by increasing energy and improving cellular function to restore youthful resilience, health and vibrancy.

**REJUVENATE OXYGEN BY INTRACEUTICALS** AED 850 / 60m

Package 4 AED 2800 Package 6 AED 4080

Oxygen under light pressure aids delivery of age defying ingredients to the skin at the same time cooling and calming the skin. Unique Rejuvenate Serum contains lightweight Hyaluronic Acid and a powerful combination of vitamins and antioxidants. 4 to 6 sessions recommended for best results.

**BRIGHTENING OXYGEN BY INTRACEUTICALS** AED 850 / 60m

Package 4 AED 2800 Package 6 AED 4080

Reveal a more radiant you with botanical skin brighteners and super concentrated Vitamin C to brighten and balance dull, uneven skin leaving you feeling luminous, toned and more radiant. 4 to 6 sessions recommended for best results.

## CUSTOM OXYGEN BY INTRACEUTICALS AED 950 / 60m

Package 4 AED 3200 Package 6 AED 4560

Pure oxygen power moisture-binding ingredients with customized boosters to enhance volume and address unique concerns. Perfect to calm and reset stressed skin with antioxidants and Vitamin A. 4 to 6 sessions recommended for best results.

## EXPRESS FACIAL BY SODASHI AED 300 / 30m

Perfect for a guest on the go or a quick cleanup before an event. Express radiant skin with deep cleanse, masque and facial massage.

## FACIAL ENHANCEMENTS

### ATOXELENE EYE AND LIP TREATMENT AED 220 / 30m

Atoxelene Serum is designed specifically to refine the forehead, soften the eye contour, and immediately plump and smooth the lips.

### EYE MASK AED 80

A gorgeous moisture rich eye treatment with collagen which targets fine lines, under the eye contour and aids in diminishing dark circles and puffiness.

### LIP MASK AED 80

Heals and hydrates lips for smoother, a more enhanced lip definition. Calms and soothes dry, irritated and chapped lips.

## NAILS

EDITION Spa Manicure	AED 175 / 45m
Express Manicure	AED 110 / 30m
EDITION Spa Pedicure	AED 200 / 60m
Express Pedicure	AED 130 / 40m

Gel Manicure	AED 220 / 60m
Gel Pedicure	AED 240 / 60m
Gel Removal	AED 100 / 15m
Nail Polish Change	AED 100 – AED 150

## PAINLESS WAXING

Eyebrow/Threading	AED 65	Underarms	AED 90
Chin/Threading	AED 45	Full Arms	AED 160
Upper Lip / Threading	AED 45	Nose	AED 45
Bikini	AED 125	Brazilian	AED 180
Legs	AED 170		
Full Body & Bikini	AED 500		
Full Body & Brazilian	AED 600		

## LASHES AND BROWS

Half Set Eyelash Extensions	AED 300 / 90m
Full Set Eyelash Extensions	AED 550 / 120m
One Week Relash	AED 200 / 75m / Package AED 1080
Two Week Relash	AED 300 / 90m / Package AED 1530
Three Week Relash	AED 500 / 105m / Package AED 1920
New Client Relash	AED 350 / 90m
Lash Lift and Tint	AED 450
Lash Tint	AED 90
Brow Tint	AED 90
Lash and Brow Tint	AED 160

Relash packages include six relashes

## HAIR

All hair services, except upstyles, include customized shampoo and condition, blowout or style.

Haircut	AED 200
Blowout	AED 90 – 160
Haircut with Blowout	AED 250 – 300
Styling with Blowout	AED 250 – 350
Toner	AED 350 – 500
Root Touch Up	AED 350 – 550
All Over Hair Color	AED 550 – 750
Partial Highlights	AED 350 – 650
All Over Highlights	AED 550 – 850
Upstyles	AED 250 – 350

## HAIR TREATMENTS

Energizing Hair Thickening Treatment	AED 300 / 40m
Nourishing Treatment for Scalp and Split Ends	AED 300 / 40m
Detoxifying Exfoliant for Scalp and Hair	AED 300 / 40m
Renewing Anti-Age Treatment for Scalp and Hair	AED 300 / 40m

Additional protection in Hair Color service from AED 200 depending on hair length.

All prices are subject to hair length.

## FITNESS AND YOGA

Private and group sessions with personal trainer are available upon request.

Private and group Yoga sessions are available upon request.

For more details and bookings, please call 02 208 0000.

All prices are in UAE Dirham and are inclusive of all applicable service charges and local fees.

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