

TIDES

FYRSTI / FIRST

Styrju Kaviar 16500
Sturgeon Caviar

Lárétt Salat, Grillað Sveppakrem, Sojasósa & Ristaðar Möndlur 1200
Vertical Salad, Grilled Mushroom Purée, Aged Soy Sauce & Roasted Almonds

Seljurótar & Dill Salat, Sinneps Dressing, Vatnakarsi & Ristuð Sellerífræ 1000
Celeriac & Dill Salad, Mustard Vinaigrette, Watercress & Roasted Celery Seeds

Söltuð Bleikja, Íslenskt Wasabi, Graslaukur, Karsi 2100
Cured Arctic Char, Icelandic Wasabi, Chives & Cress

Lambatartar, Fiskisósa, Jarðskokkar & Karsi 1900
Lamb Tartar, Fish Sauce, Sunchokes & Cress

ANNAR / SECOND

Grilluð Rauðrófa, Kúminfræ, Bláberjasósa, Týtuber, Greni & Peyttur Rjómi 1800
Charred Red Beet, Caraway Seeds, Blueberry Sauce, Lingonberry, Pine & Whipped Cream

Grilluð Sólfúra, Spergilkál & Skessujurt 3200
Grilled Dover Sole, Broccoli & Lovage

Bakaður Þoskur, Grillaðar Kartöflur, Blandaðar Kryddjurtir & Brúnað Smjör 2900
Baked Cod, Grilled Potatoes, Mixed Herbs & Brown Butter

Kornfóðrað Angus Naut, GK BBQ, Stappaðar Kartöflur, Grillaður Portobello & Kryddjurta Salat 5300
Cornfed Black Angus Chuckflap, GK BBQ Glaze, Mashed Potatoes, Grilled Portobello & Herb Salad

TIL AÐ DEILA AF GRILLINU / TO SHARE FROM THE GRILL

Lambaöxl, Sýrðir Laukar, Mynta & Epli 4600
Braised and Slowly Grilled Lamb Shoulder, Pickled Onions, Mint & Apples

Heilgrilluð Bleikju Flök með Sítrónu, Dill & Hvítlaukssmjör 4800
Whole Arctic Char Stuffed with Lemon, Dill & Garlic Butter

Grillaður Kjúklingur, Sítróna, Rífsberja & Skessujurtarsósa 5300
Grilled Chicken, Lemon, Red Currant & Lovage Sauce

Allir Réttir Koma Með Árstíðarbundnu Grænmeti & Sósu
All Courses Come With Side Of Seasonal Vegetables & Sauce

Dishes may contain allergens
We are happy to provide alternatives to meet your dietary requirements



TIDES

ÞRIÐJI / THIRD

Tides Gulrótarkaka, Hafþyrnisberja Sulta & Súrmjólkurís 1600

Tides Carrot Cake, Sea Buckthorn Jam & Buttermilk Ice Cream

Vanilluís, Rabarbari & Rósir, Ólífúolía & Sjávarsalt 1100

Vanilla Ice Cream, Rhubarb and Roses, Olive Oil & Sea Salt

Omnomm Súkkulaðis, Svartur Pipar & Ólífúolía 1400

Omnom Chocolate Ice Cream, Black Pepper & Olive Oil



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