

THE SPA AT
THE SHANGHAI
EDITION

上海艾迪逊酒店水疗中心

服务菜单

MENU OF SERVICES

概览

上海艾迪逊酒店水疗中心隐匿在酒店所在地—两幢著名外滩建筑中辅楼的六层，在这里，您将感受到摩登生活与本地习俗紧密相融的，关于美丽、健康和身心安宁的精致呈现。

延续酒店集奢华、悠闲与舒适于一身的风格，水疗中心设有6间理疗室和套房，男女分用的理颜室，配有桑拿房的更衣室，以及宽敞怡人的休闲厅，内有配备齐全的酒吧和设计独特的座位与休息区。

作为臻品水疗、健康和美容护理服务的呈现者，上海艾迪逊酒店水疗中心将经典永恒的水疗理念与创新的技术和新兴的趋势相结合。原汁原味的亚洲理疗传统与领先全球的护理和产品在这里交相辉映，通过无可挑剔的专业技能和服务标准，为您创造意义非凡、难以忘怀的水疗体验。

除此之外，水疗中心还设有精品零售店、护肤品店和位于主楼设施先进的高端健身房。

上海艾迪逊酒店水疗中心

每日上午十时至晚上十一时

所有价格以人民币计算，需另加15%服务费。

水疗礼志

在享受任何一项护理项目之前，敬请先淋浴。

安静、平和与尊重是艾迪逊水疗理念的一部分。

敬请尊重其他客人的空间和隐私。

在进入水疗中心前请您随身携带的电子设备设置为静音。

抵达

为确保您能轻松享受我们的蒸汽浴和桑拿浴，建议您在护理项目开始前20分钟抵达。延迟抵达可能会影响您预约的护理项目时长。

预约及取消

为确保您的体验，所有护理项目均需提前预约。

请联系上海艾迪逊酒店水疗中心预约您的疗程，我们十分乐意为您选择合适的护理项目。预约时请提供您的有效信用卡信息，以便确认预约。

如您需改期或取消预约，请提前联系我们。

如您在护理项目预约时间前4小时取消预约，我们将不得不向您收取所选项目费用的50%；如您在没有联系我们的前提下取消预约，则需全额支付项目费用，敬请知悉。

着装要求

在您体验护理项目期间，我们为您精心准备了浴袍、拖鞋和一次性卫生用品敬请使用。

为确保您与他人的体验，在使用桑拿房或公共水疗设施时，请穿着泳衣或短裤。

健康状况及过敏反应

我们建议您在享受任何一项护理项目或使用水疗中心的设施之前，敬请向医生咨询您的健康状况。

如您有任何过敏史，请务必提前告知水疗中心工作人员。

贵重物品的遗失或损失

请您在享受护理项目的同时，留心随身物品的安全，以免丢失或损害。

卫生与清洁

我们始终将安全和卫生放在首位。每位客人结束体验后，我们都会对设施进行清洁与消毒。

精致美颜

肌肤丽琦结合20种不同的天然珍贵宝石，提取丰富的矿物质及微量元素，探索出宝石的卓越护肤功效。有助活化细胞，促进胶原蛋白再生及唤醒肌肤。

钻石凝时紧致胶原蛋白面膜护理

120 分钟 / 人民币 3,680

高纯度胶原蛋白配合珍贵宝石的美肌原素，将源源不绝的养分注入肌肤底层，启动细胞更生，全面照顾肌肤需要，由内至外全面提升肌肤紧致度及弹性光泽，瞬即逆转肌龄。

钻石凝时紧致面部护理

90 分钟 / 人民币 2,280

结合珍贵的钻石和兰花，能瞬间紧致肌肤，提升轮廓，抚平细纹，使肌肤水润柔滑，焕发明亮光彩，让您体验前所未有的尊贵美肌享受。

经典面部护理

美颜抗皱面部护理

60 分钟 / 人民币 1,380

结合珍贵的钻石和电气石，能有效舒缓紧张肌肤，减淡幼纹细纹，使肌肤焕发光泽。

翡翠滋润面部护理

60 分钟 / 人民币 980

翡翠、牡丹和蔓越莓的功效，能迅速急救暗哑干燥肌肤，为肌肤实时滋润解压，补充营养，使肌肤柔软富有光泽，回复年轻。

红碧石亮彩光泽面部护理

60 分钟 / 人民币 980

针对混合性肤质，红碧石能有效提升肌肤自愈能力，使肌肤重拾弹性，丰盈水润，容光焕发。

艾迪逊男士面部护理

60 分钟 / 人民币 980

生活紧张导致肌肤绷紧，出现岁月痕迹。针对男士肤质，翡翠能有效舒压，唤醒疲惫的肌肤，促进细胞更生，瞬间滋润肌肤。

升级护理——

选择一个或多个理疗项目，让您愈加容光焕发：

钻石凝时眼部护理

15 分钟 / 人民币 480

热疗仪面部提升及淋巴排毒护理

15 分钟 / 人民币 390

仪器注氧疗法

甄选自进口专业品牌嫣延美的注氧疗法是时下市场上最炙手可热的护肤项目，广受明星名人及美容爱好者的青睐。通过高压氧气把包括玻尿酸精华及一系列抗衰老的有效成份直接注入皮肤，除了可以舒缓、镇静及紧致皮肤，还可以恢复皮肤的自然活力，光泽和弹性，效果立现。从首次护理开始，缺水、皱纹、衰老等皮肤问题均可得到有效改善。

纵情都市面部护理（盈润晶彩胶原蛋白 + 盈亮平皱）

120 分钟 / 人民币 2,380

把自己从混乱的城市中拯救出来。使用治疗性的氧气来放松和恢复皮肤的活力。

绅士面部疗程（盈润美肌）

90 分钟 / 人民币 1,580

90分钟内进行特殊设计的男士治疗，通过深层组织按摩缓解背部和肩部肌肉紧张。

美白注氧疗程（盈彩亮白）

60 分钟 / 人民币 1,380

结合植物增白剂和超浓缩维生素C，安全、自然地治疗不均匀的皮肤，焕发肌肤全新光彩。

深层保湿注氧疗程（盈润补湿）

60 分钟 / 人民币 1,180

该深层保湿疗程适用于各种肌肤类型。富含维他命，抗氧化剂和植物精华，能显著提升你的皮肤状态，平衡肤色。

升级护理——

平皱注氧护理

20 分钟 / 人民币 680

采用天然氨基酸成分，立即紧致、提升和丰满皮肤，有效减少表情纹及皱纹。

香薰吸氧疗法

20 分钟 / 人民币 380

能有效改善失眠，提高免疫力，延缓衰老，减轻精神压力，缓解疲劳、头痛和偏头痛，从而提升整体健康状况。

注氧疗法系列套餐

只需一次护理，效果立即呈现，持续坚持可有效改善肌肤状况。我们推荐连续进行六次护理，通过每四个星期重复一次的护理，让每次护理的效果更加持久，同时为您的肌肤建立良好基础，保持肌肤最佳状态。

盈润美肌

6 次 / 人民币 6,900

盈彩亮白

6 次 / 人民币 8,100

按摩疗程

外滩呼吸疗法（放松按摩）
60 分钟 / 人民币 1,180 90分钟 / 人民币 1,480
思绪瞬间被舒缓的薰衣草缓解，配合氧气呼吸疗法，平静神经系统缓解焦虑。理疗师运用舒缓的按摩力度来刺激淋巴循环，调整身体状况和放松肌肉，整个人仿佛沐浴在外滩的微风之中。

热能注入与整骨功效疗法
60 分钟 / 人民币 1,180 90分钟 / 人民币 1,480
以渗透按摩技巧，配合热能注入，给穴位进行按压，让人体骨骼中的碳素元素互相发生共鸣，放松紧绷的肌肉，调节人体的失衡，帮助身体恢复到健康状态。

热石能量按摩
90 分钟 / 人民币 1,380
精心挑选的石头聚在一起，运用温热滚石的运动来唤醒感官和自然的能量，解除身体紧绷感以平衡身心，带来非同一般的放松体验。

光之初活力按摩
60 分钟 / 人民币 880 90分钟 / 人民币 1,180
在这个被科技、物质主义和不确定性所束缚的世界里，激情被日渐消磨，活力按摩疗法则是您“偷得浮生半日闲”的理想选择。通过荟萃东西的按摩手法，仿佛照亮您身心的第一束光，重新发掘您的能量。

“灵”摩登中式按摩
60 分钟 / 人民币 880 90分钟 / 人民币 1,180
为经常旅行，需要时刻保持优雅的艾迪逊客人量身定制！理疗师综合西方理疗的理念，运用传统中式按摩手法，通过按压穴位点和肌肉的刺激疗法，缓释身体紧绷感。中西融合的疗法，就像这座摩登城市，让您时刻“灵”光乍现。

购物舒缓深层按摩
60 分钟 / 人民币 880 90分钟 / 人民币 1,180
在经历了上海忙碌的购物之后，开启一个完美的放松模式！针对酸疼的肩颈、小腿和足部进行深层揉捏按摩，释放压力，立刻缓解全身疲劳。

身体护理

运用先进的产品和创新的技术，能使您的肌肤恢复原有的弹性，保持您的皮肤健康和活力。

钻石按摩和海藻裹肤护理
90 分钟 / 人民币 1,980
像钻石一样，纯净和奢华是这款按摩油的主要特点。荷荷巴、澳洲坚果和甜杏仁使这款油更富有，让你的皮肤像温柔的爱抚一样舒缓。

珍珠嫩肤磨砂和宝石按摩
90 分钟 / 人民币 1,600
珍珠的美白奇迹带来身体肤质变化，配合云母粉净化皮肤的同时均匀肤色，有效促进后续营养成分吸收。运用富含鳄梨的精油能给你带来远去环游世界，美丽的落日围绕着奇异香气的感觉。

珍珠嫩肤磨砂和滋养身体裹肤护理
90 分钟 / 人民币 1,500
珍贵的橄榄石精华混合多种植物精油成份构成这个奢华的滋养裹敷体膜，能够滋养皮肤，调节肤色，修护受损和晒伤问题，令皮肤光滑紧致。

舒缓身体磨砂和海藻裹肤护理
60 分钟 / 人民币 1,380
以纽西兰天然火山泥及海藻让您的肌肤沉浸在完美的滋润里，变得光滑柔嫩，有效消除疲劳，享受尊贵的身体及健康护理。

薄荷舒压足部护理
60 分钟 / 人民币 780
法国肌肤丽琦薄荷紧肤身体膜足部护理 - 磨砂、按摩及包裹。享受一个清新独特的足部护理，让您双腿瞬间消除疲劳、舒缓压力，提升活力。

舒缓身体磨砂
30 分钟 / 人民币 580
采用珍贵的橄榄石海盐磨砂，配合甜橙，依兰和香草精油，为您带来天然的微晶焕肤效果，促进细胞更生，使肌肤回复柔软弹性。

升级护理——

热疗仪经络疏通与身体排毒	30 分钟 / 人民币 480
背部放松按摩	30 分钟 / 人民币 480
橄榄石海盐泡浴	30 分钟 / 人民币 480

艾迪逊纵情奢享
4小时 单人 / 人民币 3,680 双人 / 人民币 7,280
天然有机成分与高科技的专业护理相结合, 为您带来一次奢享之旅。疗程包括能量热石按摩 (90分钟)、纵情都市面部护理 (120分钟), 专为喜爱上海艾迪逊酒店的尊贵宾客甄选。

3 小时 单人 / 人民币 2,580 双人 / 人民币 5,080
从独特的橄榄石海盐泡浴中醒来,接着享受身珍珠嫩肤磨砂和宝石按摩 (90 分钟),以及法国肌肤丽琦红碧石亮彩光泽面部护理 (60 分钟),让您的灵魂与自然重新联接。

2.5 小时 单人 / 人民币 1,860 双人 / 人民币 3,680
这是一次与众不同的体验,不仅适合独自享受,也适合与伴侣或朋友一起分享。从一个放松的沐浴开始,之后是“灵”摩登中式按摩(60分钟)与法国肌肤丽琦翡翠滋润面部护理(60分钟)。风尚之约,如此简单。

基础手部修甲	50分钟 / 人民币 380 - 480
基础足部修甲	70分钟 / 人民币 480 - 580
手部法式美甲	85分钟 / 人民币 520 - 620
创意手部甲油胶	80分钟 / 人民币 480 - 580
创意足部甲油胶	90分钟 / 人民币 580 - 680
延长手部法式	-- / 人民币 620 - 720
延长足部法式	-- / 人民币 720 - 820
卸甲	15分钟 / 人民币 120
彩绘 / 指	20分钟 / 人民币 120 - 160
3D雕花 / 指	20分钟 / 人民币 130 - 180
渐变 / 指	40分钟 / 人民币 60 - 120
饰品 / 指	20分钟 / 人民币 20 - 60
手部SPA	45分钟 / 人民币 499
足部SPA	60分钟 / 人民币 599
甲油胶修补 / 指	10分钟 / 人民币 120
甲油胶修补加封层 / 指	5分钟 / 人民币 60
睫毛嫁接	90分钟 / 人民币 880 - 1280
美睫修补	30分钟 / 人民币 150
卸睫毛	20分钟 / 人民币 120

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INTRODUCTION

Located on the 6th floor of the Heritage building, The Spa at The Shanghai EDITION reflects a sophisticated approach to beauty, wellness and wellbeing equally attuned to modern living and local customs.

An inspiring blend of luxury and comfort, the spa features a total of 6 treatment rooms and suites, male and female grooming lounge, designated changing rooms with sauna, an expansive relaxation area with a fully-equipped bar, and resting areas. Combining authentic Asian healing traditions with innovative techniques, emerging trends, and premium products, our meticulously designed treatments will allow you to embark on an enchanting wellness journey.

Additional facilities include a retail boutique, beauty outlets and a state-of-the-art and fitness studio.

THE SPA AT THE SHANGHAI EDITION

Daily from 10 a.m. to 11 p.m.

All prices are in RMB and subject to a 15% service charge.

EDITION ETIQUETTE

Please be advised to take a shower before treatment.

Please be considerate of other guests' right to peace and privacy.

Please switch all electronic devices to silent mode before entering the facility.

ARRIVAL

We recommend checking in 20 minutes prior to your treatment to make use of our heat and water therapies to enhance your treatment. Late arrivals may affect the duration of your scheduled appointment.

SCHEDULING AND CANCELLATION

Please contact The Spa At The Shanghai EDITION, and we will be delighted to assist you in choosing the right treatment. All treatments should preferably be booked in advance to ensure availability. We require valid credit card information to confirm any bookings. Please call Spa Reservations should you need to manage or cancel your appointment. Please be advised that cancellations made within 4 hours of the appointed treatment time would be subject to 50% charge, and cancellations without notice or a no-show would be subject to full charge.

EDITION ATTIRE

Bathrobes, slippers and disposables garments are available for your treatment sessions.

Swimsuits or shorts are recommended while using the heat and water therapies.

HEALTH CONDITIONS AND ALLERGIES

Kindly consult with your physician before any treatment or using our facility. If you have any allergies please be sure to inform our team.

LOSS OR DAMAGE TO PERSONAL ITEMS

Please put your mind at ease during your treatment by securing your valuables to prevent any loss or damage during your treatment.

CLEANLINESS

Hygiene is our top priority; we sanitize our equipment thoroughly after every use.

CHIC FACIALS

Gemology captures the richness of minerals and exploits fully of biological and physical properties. A combination of precious and earthly elements will help you achieve a young and radiant skin.

DIAMOND YOUTH & COLLAGEN CARE

120 mins / RMB 3, 680

Real restructuring care for your skin and profoundly hydrating thanks to its pure collagen mask. Perfectly adaptable to all skin types, it improves immediately the texture and leaves a pleasant sensation of well-being.

DIAMOND ANTI-AGING CARE

90 mins / RMB 2, 280

The indomitable Diamond unveils its secret leaves you rested and lighted up. All wrinkles lines are smoothed out.

THE CLASSICS FACIAL

GEMOLOGY MATURE SKIN CARE

60 mins / RMB 1,380

The union of Diamond and Tourmaline are going to revive and elevate your complex skin providing health and ultimate well-being.

JADE TONIFYING CARE

60 mins / RMB 980

Combined action of Jade, Peony and Cranberry, the skin becomes younger. The oval shape is redrawn and leaves the skin soft and moisturized.

RED JASPER CARE

60 mins / RMB 980

Combination of rare earth elements lights up your skin. The skin regains elasticity and hydration as well as smoothed facial features.

EDITION GENTLEMEN

60 mins / RMB 980

Stressful days or short nights, fight against fatigue signs. The regenerative action of Jade and its anti-stress properties are your allies to wake you up, moisturize and vitalize your skin.

OR LONGER...

Enhance your facial treatment with one or more additions from below:

Gemology Eye Lifting Treatment	15 mins / RMB 480
Facial Lifting and Lymphatic Detoxification	15 mins / RMB 390

HIGH TECH

Intracuticals is the most sought-after treatment brand boasting professional skin care products that offer instant results. Unique and specially formulated treatments leave your skin looking noticeably brighter and firmer. Immediate improvements on dehydrated and prematurely aging skin are visible from the first treatment.

URBAN INDULGENCE (Collagen Booster + Atoxelene)

120 mins / RMB 2,380

Cocoon yourself from the chaos of the city. Unwind and revitalize your skin using therapeutic oxygen.

GENTLEMEN’S FACIAL (Rejuvenate)

90 mins / RMB 1,580

This specially designed men's treatment targets muscle tension on the back and shoulders with a deep tissue massage.

BRIGHTENING O2 FACIAL

60 mins / RMB 1,380

Botanical brighteners and super concentrated Vitamin safely and naturally treat uneven skin for newfound luminosity and radiance.

DEEP HYDRATING FACIAL

60 mins / RMB 1,180

This thirst-quenching treatment is perfect for all skin types. An array of vitamins, antioxidants and botanicals will dramatically lift, tone and hydrate your skin.

OR LONGER...

ATOXELENE INFUSION

20 mins / RMB 680

Targeted Atoxelene Treatment with natural amino acids instantly firm, lift and plump your skin for a dramatically reduced appearance of lines and wrinkles.

OXYGEN AROMA INHALATION

20 mins / RMB 380

This treatment is ideal for improving insomnia, boosting the immune system, reducing emotional stress and signs of aging, relieving fatigue, headache, and migraines as well as achieving overall wellbeing.

OXYGEN TREATMENT SERIES

While the results are immediately visible after just one application, skin continues to improve with treatment series. A course of six treatments is recommended to build a good foundation, after which results will last longer with maintenance treatments recommended every four weeks to prolong results.

Rejuvenate Course / (with Atoxelene)	6 courses / RMB 6,900
Opulence Course / (with Atoxelene)	6 courses / RMB 8,100

MASSAGE LOUNGE

Massage Therapy.

BREEZE OF THE BUND

60 mins / RMB 1,180 - 90 mins / RMB 1,480

The aromatic oxygen inhalation with soothing lavender calms the nervous system and effectively relieves stress. Carefully applied pressure stimulates healthy circulation, alleviating tension and loosening muscles.

HEAT INFUSION AND OSTEOPATHY

60 mins / RMB 1,180 - 90 mins / RMB 1,480

With penetrating massages, continuous heat infusion, and acupressure, the Thermal Energy Therapy can relieve tense muscles, regulate bodily imbalances, and uplift the fatigued mind.

PEBBLES

90 mins / RMB 1,380

Earth stones are carefully selected and heated to generate energy, awakening the senses and creating balance within for a wholesome experience.

THE FIRST LIGHT

60 mins / RMB 880 - 90 mins / RMB 1,180

A route to escape a world bound by technology, materialism, and disturbance of peace. Rediscover your passion and energy through a series of massages fusing techniques from the east and the west.

LING

60 mins / RMB 880 - 90 mins / RMB 1,180

Designed exclusively for our well-traveled and elegant EDITION guests; your therapist will deliver a selection of Chinese massage traditions inspired by western rituals that is guaranteed to leave you with rejuvenated spirits.

SHOPPING SYNDROME (DEEP TISSUE)

60 mins / RMB 880 - 90 mins / RMB 1,180

The perfect way to relax after a bustling Shanghai experience! Release stress with deep kneading movements, and firm pressures on sore areas.

BODY TREATMENTS

Body Therapy.

MINERALIZING BODY WRAP AND DIAMOND MASSAGE

90 mins / RMB 1,980

Like a Diamond, Purity and Excellency composed in this massage oil. Jojoba, Macadamia and Sweet almond bring richness to your treatment and soothe your skin as a gentle caress.

PEARL BODY SCRUB AND RUBIS MASSAGE

90 mins / RMB 1,600

Skin whitening elements with pearl and mica powder allows your skin shine and regenerate. Followed by the full body massage with powerful massage oil rich in avocados which will take you far away around the world, Like a beautiful sunset surrounded by exotic scents.

PEARL BODY SCRUB AND ANTI-STRESS BODY WRAP

90 mins / RMB 1,500

Precious olivine serum with multiple essential oils form this body mask, nourishing your body skin, tone, repairing damaged and sunburn skin, cause the skin will be smooth and tight.

RELAXING BODY SCRUB AND MINIERALIZING BODY WRAP

60 mins / RMB 1,380

Mineralizing Care of the Rotorua Volcano of New Zealand gives you the privilege of a nourishing moment. Take stress and fatigue away. Enjoy with no limit the stimulating benefits of a health care.

LIGHT LEGS CARE

60 mins / RMB 780

Mint and Field Horsetail - Scrub, Massage and Wrap The unique experience of a “cold care”, a dizziness of freshness.

RELAXING BODY SCRUB

30 mins / RMB 580

Relaxing and Anti-stress salt scrub with orange, ylang-ylang and vanilla extract. The alliance of mineral gives your skin relaxed and de-stressed look.

OR LONGER...

Meridian Dredging and Body Detoxification	30 mins / RMB 480
Aroma Back Massage	30 mins / RMB 480
Peridot Salt Bath	30 mins / RMB 480

SENSORY JOURNEYS

ULTIMATE EDITION

4 hours Singles / RMB 3,680 - Couples / RMB 7,280
Enjoy our selection of premium facial and body treatments, including Hot Stone Massage (90mins) , Urban Indulgence Facial (120mins) , all exclusively designed for the sophisticated guests of The Shanghai EDITION.

ELUDE THE CITY

3 hours Singles / RMB 2,580 - Couples / RMB 5,080
A journey truly exquisite and extraordinary. Awaken your senses with a unique Salt bath, followed by a Peral Body Scrub, Rubis Massage, body polish (90mins) and GEMOLOGY Red Jasper Facial (60mins) for a head-to-toe pampering.

SIMPLE YET STYLISH

2.5 hours Singles / RMB 1,860 - Couples / RMB 3,680
Perfect for sharing with friends or your other half. Indulge in the Relaxing Bath, Ling (60mins) and GEMOLOGY Jade Tonifying Facial (60mins) to achieve ultimate wellbeing in style.

GROOMING LOUNGE

CLASSIC MANICURE / 50 MINS	RMB 380 - 480
CLASSIC PEDICURE / 70 MINS	RMB 480 - 580
FRENCH MANICURE / 85 MINS	RMB 520 - 620
PERSONALIZED GEL MANICURE / 80 MINS	RMB 480 - 580
PERSONALIZED GEL PEDICURE / 90 MINS	RMB 580 - 680
PERSONALIZED FRENCH/GRADATION GEL MANICURE	RMB 620 - 720
PERSONALIZED FRENCH/GRADATION GEL PEDICURE	RMB 720 - 820
GEL REMOVAL / 15 MINS	RMB 120
NAIL PAINTING PER NAIL / 20 MINS	RMB 120 - 160
3D NAIL ART PER NAIL / 20 MINS	RMB 130 - 180
GRADATION PER NAIL / 40 MINS	RMB 60 - 120
NAIL JEWELRY PER NAIL / 20 MINS	RMB 20- 60
HAND SPA / 45 MINS	RMB 499
FOOT SPA / 60 MINS	RMB 599
GEL EXTENSION, PER NAIL / 10 MINS	RMB 120
GEL EXTENSION WITH NAIL TIPS, PER NAIL / 5 MINS	RMB 60
EYELASHES / 90 MINS	RMB 880 - 1280
EYELASH ENCRYPTION / 30 MINS	RMB 150
EYELASHES REMOVE / 20 MINS	RMB 120

THE SPA AT
THE SHANGHAI
EDITION

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