

# EDITION<sup>SPA</sup>

## SPA MENU

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## WELCOME

The EDITION Spa embraces the generous spirit of Abu Dhabi, where hospitality lies at the heart of its culture. Where tradition meets innovation and settings and experiences carefully combine warmth and personal comfort with a distinctly modern sensibility. We offer you 7 treatment suites with private dressing rooms and a lavish couples suite.

Showcasing the best spa, wellness treatments and beauty / grooming services the EDITION Spa blends timeless philosophies and innovative techniques, to provide customized treatments featuring bespoke scent, sound, touch and premium products.

## SPA HOURS

Spa opening hours are from 10am to 10pm. Special requests for treatments outside of normal spa hours may be considered individually and are subject to availability and an accommodation fee.

## CANCELLATIONS

All reservations within 4 hours of booking are subject to a 50% cancellation charge. All no-show appointments will be charged in full.

## ACCESSIBILITY AND ARRIVAL

The EDITION Spa is available to all hotel guests and area locals who are 16 years of age or older. Pools may only be accessed by in-house guests. We suggest that you arrive 15-30 min prior to your scheduled appointment for an optimal spa experience and to allow a brief discussion about your treatment expectations. Arriving late will limit the time for your appointment. Please notify the receptionist if you are pregnant, have disabilities, allergies, or any other health concerns upon booking.

All prices are in UAE Dirham and are inclusive of all applicable service charges and local fees.

## EDITION RITUALS

Enjoy the ultimate spa experience with these integrated experiences and targeted solutions for modern lifestyle.

### CEREMONY OF LOVE AED 2100 / 120m

Show your love by indulging in this ceremony together. Enjoy an exotic Hammam bathing ritual and full body massage. Select from either Moroccan or Turkish versions of this updated Middle Eastern classic.

Facial cleanse / body cleanse and exfoliation / body mask / hydrating elixir / massage

### LOUD RENEWAL AED 995 / 120m

Luxuriate in lush layers of healing botanical extracts and hydrating serums infused by the potent effects of Oud. Regulating the nervous system, releasing muscle tension and rejuvenating your skin.

Oud Radiance facial / full body massage with Oud Arabian oil

### TRAVELERS CORNER AED 900 / 120m

Perfect ending to a tiring, busy day. Unwind with an invigorating body scrub, followed by the 30 minutes targeted massage and a choice of express facial or foot reflex treatment.

Body scrub / targeted massage / choice of express facial or foot reflex

## MASSAGE & BODYWORK

### EDITION HOUSE MASSAGE AED 495 / 60m AED 650 / 90m

Firm and nurturing, a Swedish-style massage to alleviate general aches and pain and promote total relaxation.

### DEEP TISSUE AED 495 / 60m AED 650 / 90m

The go-to for athletes and those who appreciate intense bodywork: slow focused techniques reach deep muscle layers and connective tissue to ease tension and enhance mobility.

### BALINESE AED 495 / 60m AED 650 / 90m

A soothing sequence of stretching and sweeping massage is combined with warmed oils to promote deep relaxation.

### HOT VOLCANIC STONE AED 495 / 60m AED 650 / 90m

A massage therapy which melts away tension, eases muscles stiffness and increases circulation and metabolism using volcanic heated stones.

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**PINDA SWEDA HERBAL POULTICE** AED 575 / 60m AED 700 / 90m  
Therapeutic Ayurvedic massage is performed using the warmed herbal bags, dipped in herbal oil, on the joints, muscles, tendons, ligaments and soft tissues.

**HEALING SOUND THERAPY** AED 495 / 60m  
Sound bowls transfer harmonizing energy to ground the body on a deep cellular level while balancing the brain wave frequencies.

**FOOT REFLEX** AED 320 / 45m AED 400 / 60m  
Reflexology is based on the principle, of our organs being mapped onto corresponding points on our feet and by applying pressure on these points, stimulating the energy flow and restoring balance and promoting well-being.

**TARGETED** AED 275 / 30m  
Maximum impact in minimum time. A focused massage that targets specific areas of concern to provide the perfect pick-me-up.

## MASSAGE ENHANCEMENTS

**ODU BODY OIL** AED 80  
Feed the skin and calm the mind with a rich blend of hydrating body oils infused with Oud, rose and sandalwood. (No additional time)

**BODY SCRUB** AED 320 / 45m  
Remove dead skin cells, stimulate circulation and nourish dry skin with an intensely invigorating and refining exfoliation.

**REVIVING BACK RENEWAL** AED 400 / 45m  
Experience a deep cleanse, exfoliation and soothing mask designed to focus on that hard to reach area. Massage that concentrates on the neck, shoulders and back to relax and soothe tight muscles.

**DETOXIFYING BATH SOAK** AED 120 / 30m  
This ancient remedy of soaking in hot detox bath can assist your body in eliminating toxins and helps ease sore muscles.

**CAMEL MILK BATH SOAK** AED 120 / 30m  
This enriching bath soak uses camel's milk to nourish and re-mineralize, Arabian solar sea salts to restore vitality and senna to soothe sun damage and inflammation. Leaves skin feeling healed and relaxed.

## BODY THERAPIES

**HAMMAM** AED 550 / 60m  
Lavish full body purification focusing on cleansing, nourishment and total rejuvenation.

**ROSE RESTORE** AED 700 / 90m  
Prized for its soothing and healing properties, this hydrating ritual calms the mind and feeds the body with layers of organic rose-infused products and rose quartz crystals.

**BODY DETOXIFYING WRAP** AED 600 / 75m  
This highly effective detoxifying body wrap delivers minerals and nutrients directly into the layers of the skin. An energizing body scrub buffs away dryness while a layer of rich detoxifying mask penetrates the skin wrapped in a warm cocoon.

## FACIALS

**SKIN FITNESS BY SODASHI** AED 600 / 60m AED 850 / 90m  
Tailored for a man's specific needs, this facial balances and purifies while alleviating shave irritation. Ideal for all skin types. 90 minutes includes a back massage.

**DEEP CLEANSING BY OMOROVICZA** AED 600 / 60m  
Thorough cleansing and exfoliation help draw out impurities and detoxify the skin to clear congestion, regulate moisture balance and reduce enlarged pores, resulting in healthier glowing skin.

**GOLD HYDRA LIFT BY OMOROVICZA** AED 700 / 75m  
Packing serious healing and hydrating power, bio-available gold stimulates circulation to strengthen the skin, while a sculpting facial massage and soothing eye treatment lift and tone.

**BLUE DIAMOND BY OMOROVICZA** AED 850 / 90m  
This firming and brightening treatment helps to revitalize dull, tired skin by increasing energy and improving cellular function to restore youthful resilience, health and vibrancy.

**REJUVENATE OXYGEN BY INTRACEUTICALS** AED 850 / 60m  
Oxygen under light pressure aids delivery of age defying ingredients to the skin at the same time cooling and calming the skin. Unique Rejuvenate Serum contains lightweight Hyaluronic Acid and a powerful combination of vitamins and antioxidants. 4 to 6 sessions recommended for best results.

**BRIGHTENING OXYGEN BY INTRACEUTICALS** AED 850 / 60m  
Reveal a more radiant you with botanical skin brighteners and super concentrated Vitamin C to brighten and balance dull, uneven skin leaving you feeling luminous, toned and more radiant. 4 to 6 sessions recommended for best results.

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### EXPRESS FACIAL BY SODASHI AED 300 / 30m

Perfect for a guest on the go or a quick cleanup before an event. Express radiant skin with deep cleanse, masque and facial massage.

## FACIAL ENHANCEMENTS

### EYE MASK AED 80

A gorgeous moisture rich eye treatment with collagen which targets fine lines, under the eye contour and aids in diminishing dark circles and puffiness.

### LIP MASK AED 80

Heals and hydrates lips for smoother, a more enhanced lip definition. Calms and soothes dry, irritated and chapped lips.

## LASHES AND BROWS

Half Set Eyelash Extensions	AED 200 / 90m
Full Set Eyelash Extensions	AED 350 / 120m
One Week Relash	AED 120 / 75m
Two Week Relash	AED 250 / 90m
Three Week Relash	AED 300 / 105m
Lash Lift and Tint	AED 300
Lash Tint	AED 90
Brow Tint	AED 90
Lash and Brow Tint	AED 160

## FITNESS AND YOGA

Private and group sessions with personal trainer are available upon request.

Private and group Yoga sessions are available upon request.

For more details and bookings, please call 02 208 0000.