

# EDITION SPA

SPA MENU

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## WELCOME

The EDITION Spa embraces the generous spirit of Abu Dhabi, where hospitality lies at the heart of its culture. Where tradition meets innovation and settings and experiences carefully combine warmth and personal comfort with a distinctly modern sensibility. We offer you 7 treatment suites with private dressing rooms and a lavish couple's suite.

Showcasing the best spa, wellness treatments and beauty / grooming services the EDITION Spa blends timeless philosophies and innovative techniques, to provide customized treatments featuring bespoke scent, sound, touch and premium products.

## SPA HOURS

Spa opening hours are from 10am to 10pm. Special requests for treatments outside of normal spa hours may be considered individually and are subject to availability and an accommodation fee.

## CANCELLATIONS

All reservations within 4 hours of booking are subject to a 50% cancellation charge. All no-show appointments will be charged in full.

## ACCESSIBILITY AND ARRIVAL

The EDITION Spa is available to all hotel guests and area locals who are 16 years of age or older. Pools may only be accessed by in-house guests. We suggest that you arrive 15-30 min prior to your scheduled appointment for an optimal spa experience and to allow a brief discussion about your treatment expectations. Arriving late will limit the time for your appointment. Please notify the receptionist if you are pregnant, have disabilities, allergies, or any other health concerns upon booking.

## EDITION RITUALS

Enjoy the ultimate spa experience with these integrated experiences and targeted solutions for modern lifestyle.

CEREMONY OF LOVE AED 1050 / 120m

Show your love by indulging in this ceremony together. Enjoy an exotic Moroccan Hammam bathing ritual and full body massage.

Deep cleanse and exfoliation / body mask / full body massage

OULD RENEWAL AED 995 / 120m

Luxuriate in lush layers of healing botanical extracts and hydrating serums infused by the potent effects of Oud. Regulating the nervous system, releasing muscle tension and rejuvenating your face and body.

Oud Radiance facial / full body massage with Oud Arabian oil

TRAVELERS CORNER AED 900 / 90m

Perfect ending to a tiring, busy day. Unwind with an invigorating body scrub, followed by the 30 minutes targeted massage and a choice of express facial or foot reflex treatment.

Body scrub / targeted massage / choice of express facial or foot reflex

## MASSAGE & BODYWORK

EDITION HOUSE MASSAGE AED 495 / 60m AED 650 / 90m

Unique multi-sensory experience with our signature Tibetan singing bowls combined with gentle and nurturing Swedish-style massage to alleviate general aches and pain and promote total relaxation.

DEEP TISSUE AED 495 / 60m AED 650 / 90m

The go-to for athletes and those who appreciate intense bodywork: slow focused techniques reach deep muscle layers and connective tissue to ease tension and enhance mobility.

BALINESE AED 495 / 60m AED 650 / 90m

A soothing sequence of stretching and sweeping massage is combined with warmed oils to promote deep relaxation.

HOT VOLCANIC STONE AED 525 / 60m AED 675 / 90m

A massage therapy which melts away tension, eases muscles stiffness and increases circulation and metabolism using volcanic heated stones.

HEALING SOUND THERAPY AED 275 / 30m AED 495 / 60m

Sound bowls transfer harmonizing energy to ground the body on a deep cellular level while balancing the brain wave frequencies.

FOOT REFLEX AED 320 / 45m AED 400 / 60m

Reflexology is based on the principle, of our organs being mapped onto corresponding points on our feet and by applying pressure on these points, stimulating the energy flow and restoring balance and promoting well-being.

TARGETED AED 275 / 30m

Maximum impact in minimum time. A focused massage that targets specific areas of concern to provide the perfect pick-me-up.

## MASSAGE ENHANCEMENTS

OULD BODY OIL AED 80

Feed the skin and calm the mind with a rich blend of hydrating body oils infused with Oud, rose and sandalwood. (No additional time)

BODY SCRUB AED 320 / 45m

Remove dead skin cells, stimulate circulation and nourish dry skin with an intensely invigorating and refining exfoliation

BACK FACIAL AED 300 / 30m

Experience a deep cleanse, exfoliation and a warm soothing mask designed to focus on that hard to reach area. Concluded with a massage that concentrates on the neck, shoulders and back to relax and soothe tight muscles.

DETOXIFYING BATH SOAK AED 120 / 30m

This ancient remedy of soaking in hot detox bath can assist your body in eliminating toxins and helps ease sore muscles.

CAMEL MILK BATH SOAK AED 120 / 30m

This enriching bath soak uses camel's milk to nourish and re-mineralize, Arabian solar sea salts to restore vitality and senna to soothe sun damage and inflammation. Leaves skin feeling healed and relaxed.

## BODY THERAPIES

### HAMMAM AED 550 / 60m

Lavish full body purification focusing on cleansing, nourishment and total rejuvenation.

### ROSE RESTORE AED 650 / 90m

Prized for its soothing and healing properties, this hydrating ritual calms the mind and feeds the body with layers of organic rose-infused products and rose quartz crystals.

### GOLDEN BODY TREATMENT AED 600 / 60m AED 850 / 90m

Nourish and heal your skin with a proven anti-inflammatory properties of Gold by invigorating exfoliation with a golden sugar scrub and a soothing massage with a fragrant oil enriched with Gold particles. Guaranteed to leave your body soothed, hydrated and radiant.

## FACIALS

### MANKIND FACIAL BY SODASHI AED 600 / 60m

This mankind facial is specially formulated for men, with invigorating plant extracts, tailored for a man's specific needs. This facial balances and purifies while alleviating shave irritation.

### ARABIAN OUD RADIANCE BY SODASHI AED 700 / 60m

A beautiful, aromatic facial that will soften, nourish and balance the skin with warm facial compress that softens and exfoliates. A face mask, rich in herbal extracts, then purifies and hydrates the skin. This facial experience is enhanced with a signature facial massage using Sodashi's luxurious Arabian Oud Oil and anti-aging rose quartz crystal massage.

### DEEP CLEANSING BY OMOROVICZA AED 600 / 60m

Thorough cleansing and exfoliation help draw out impurities and detoxify the skin to clear congestion, regulate moisture balance and reduce enlarged pores, resulting in healthier glowing skin.

### GOLD HYDRA LIFT BY OMOROVICZA AED 700 / 75m

Packing serious healing and hydrating power, bio-available gold stimulates circulation to strengthen the skin, while a sculpting facial massage and soothing eye treatment lift and tone.

### BLUE DIAMOND BY OMOROVICZA AED 850 / 90m

This firming and brightening treatment helps to revitalize dull, tired skin by increasing energy and improving cellular function to restore youthful resilience, health and vibrancy.

## EXPRESS FACIAL BY SODASHI AED 300 / 30m

Perfect for a guest on the go or a quick cleanup before an event. Express radiant skin with deep cleanse, masque and facial massage.

## FACIAL ENHANCEMENTS

### EYE MASK AED 80

A gorgeous moisture rich eye treatment with collagen which targets fine lines, under the eye contour and aids in diminishing dark circles and puffiness.

### LIP MASK AED 80

Heals and hydrates lips for smoother, a more enhanced lip definition. Calms and soothes dry, irritated and chapped lips.

## LASHES AND BROWS

Full Set Eyelash Extensions AED 350

Two Week Relash AED 250

LVL Lash Lift AED 300

Lash Tint AED 90

Brow Tint AED 90

Brow Lamination AED 130

Lash and Brow Tint AED 160

LVL Lash Lift and Brow Lamination AED 400

For more details and bookings, please call 02 208 0000