

THE SPA AT
THE BODRUM
EDITION
BY SPA SOUL

EDITION Wellness Experiences embody vibrant living by bringing international healing practices and locally-inspired, curated selection of treatments. Displaying the best wellness treatments, beauty services, and yoga and fitness programs, The Spa at The Bodrum EDITION by Spa Soul blends timeless philosophies with innovative techniques and emerging trends.

Our intentionally streamlined menu is edited to respect your time and intelligence while providing meaningful, tailored choices. Should you want to obtain more information on any of our service offerings, please consult the menu or contact our spa experts for more details.

Should your plans change, please call at least 12-hrs prior to your appointment to avoid the cancellation fee, 100% of the listed price.

Children under 18 are not permitted in the Spa, Gym, Lounge or Locker Area.

In order to make the most of your experience at The Spa at The Bodrum EDITION by Spa Soul, please arrive at least 30 minutes (15 minutes for 10am reservations) prior to your appointment in order to unwind and steam.

SIGNATURE

AROMATHERAPY EXPERIENCE

This hero treatment starts with a consultation and aroma test to allow you to choose a suitable oil from our extensive selection by Aromatherapy Associates. With your chosen oil, your therapist will use carefully applied pressures to stimulate the nervous system, Swedish and neuromuscular techniques to relieve muscular tension, and lymphatic drainage to encourage healthy circulation. This is an intense, holistic massage ritual drawn from a fusion of eastern and western techniques enabling the therapist to work on your body, mind and spirit.

60min

90min

OPTIMAL RELEASE

Designed with deeply releasing massage techniques that focus on your back, legs, scalp, neck and shoulders, this treatment tackles the busy mind and relieves physical aches using the blend of your choice De-Stress Mind or Muscle.

60min

MUSCLE RELEASE

This restorative treatment was designed with tense and aching muscles in mind. Whether it's a heavy exercise schedule or too many hours spent sitting at your desk, this black pepper, rosemary and ginger- based treatment will warm the muscles and help disperse the build-up of lactic acid that causes stiffness and pain.

60min

STRESS RELEASE

Exclusive to EDITION Spa, experience the ultimate body and mind treatment that combines deep tissue massage technique and CBD oil. Nourishing CBD massage oil helps ease the tension, whilst firm and deep pressures relieve muscle pain and encourage the healing process of tendon and spinal injuries.

60min

MASSAGE

STOCKHOLM

This most widely known form of massage uses a combination of gentle and medium pressures of Swedish massages to ease tension and stress.

45min

90min

BALI

Traditional Balinese massage, using combined acupressure, skin rolling and relaxing stroke techniques, resulting in a restoring and calming effect.

60min

FOCUS

This treatment uses precise massage techniques to focus on specific zones of the body, including head, neck, shoulder and back.

30min

HAMMAM

HAMMAM

An ancient Ottoman body treatment including removal of dead cells from the skin's surface with a specific glove called "kese" and a relaxing cleansing soap massage.

20min (foam)

20min (scrub)

40min

THE HAMMAM EDITION

The natural Moroccan black soap with olive extract helps nourish and clarify your skin. This innovative treatment uses Shea Butter for extra hydration of your skin.

60min

ALFRESCO SPA

FUN IN THE SUN

This no-frills treatment focuses on providing instant relief in specific zones of the body, including head, neck and shoulders, performed in the comfort of your sun lounger or cabana.

20min

FOOTLOOSE

This no-frills treatment focuses on providing instant relief in your feet, in the comfort of your sun lounger or cabana.

15min

SUMMER VIBES

More calming and relaxed take on our "Stockholm" massage performed in open air cabana, under the gentle summer breeze. Massage movements are focused on the back, scalp, face, neck and shoulders.

30min

NUMBER 8

Take advantage of all massages and treatments in Private Cabana Suite or Couple Spa Suite.

180min (Solo or Couple)

PRIVATE EXPERIENCES

OUTDOOR SEAVIEW SUITE

Enrich your treatment with a loved one in a private open air cabana, featuring views of the Aegean Sea and your very own Jacuzzi & Hot Tub.

DEPENDING ON TREATMENT LENGTH (+30 mins Jacuzzi complimentary)

INDOOR SUITE

In the privacy of your own couple suite, we offer intimate tranquility for two, to soothe your body, calm your soul, and as desired, total seclusion to surrender your stress. Each treatment is transformed into a romantic escapade in this private suite dedicated to relaxation and serene yearnings. You and your loved one will sure to enjoy our couple suites equipped with couple Jacuzzi.

DEPENDING ON TREATMENT LENGTH (+30 mins Jacuzzi complimentary)

HAMMAM FOR ME

Enhance your hammam experience with your loved ones in a private hammam suite. Minimum of 2 people.

SOLO

FOUR HANDS EXPERIENCE

Enjoy your treatment with the privilege of 4-hands

SOLO

JACUZZI

In the privacy of your own couple suite featuring a Jacuzzi, we offer intimate tranquility for two, aimed at soothing the body, calming the soul, and reaching total seclusion to disarm the stress of a hectic day-to-day. Each treatment is transformed into an enchanting escapade in this private suite dedicated to relaxation and serenity.

30min

SALT SUITE

Experience dry salt therapy, or halotherapy, a natural treatment using micro particles of salt to promote breathing, nourished skin, sound sleep, physical endurance, and alleviate respiratory and skin conditions.

20min

TREATMENT SERIES

%20 discount on any 5 treatments package

%30 discount on any 10 treatments package

%40 discount on any 20 treatments package

Treatment packages are entitled to one person use only, cannot be shared or transferred

QUARTZ CLINIQUE

The Spa at The Bodrum EDITION has partnered up with Quartz Clinique, a healthcare institution specializing in aesthetic surgery, dental aesthetics, aesthetics, women's health and age-defying treatments based in Nişantaşı, Istanbul. Founded by Dr. Leyla Arvas and Dr. Medina Ayşe Arvas Uluğ, Quartz embodies developing health sector services in a holistic way for its patients.

SKIN CARE

REVITALIZATION

Classical facial treatments for sensitive, oily, dry and mixed skin type.

60min

AGE-DEFYING

Anti-aging skin treatment for mature skin type.

80min

INTENSIVE & MOISTURIZING

Intensive moisturizing skin treatment appealing to dry and sensitive skin.

80min

ANTIOXIDANT & VITAMIN COMPLEX

Vitamin treatment with detox effect for combination, mature and matte skin type.

80min

SENSITIVE

Soothing treatment for sensitive skin with acne and rosacea.

80min

COLLAGEN 360°

High concentrations of enriched marine collagen designed to reverse the age-associated loss of collagen, improving the elasticity of skin thanks to its re-densifying, firming and tightening action.

70min

TEEN

Smoothing treatment with deep pore cleaning to combat excess oil-induced acne for adolescent patients.

45min

MEN

Tailor-made treatment designed for all male skin types.

60min

BRIGHTENING

Brightening treatment designed to help deep cleanse, hydrate and enliven the skin. Perfect before a special occasion.

60min

SKIN CARE UPGRADES

ANTI-AGING COLLAGEN EYE CONTOUR TREATMENT

Radiance boosting anti-aging treatment that visibly reduces the appearance of wrinkles, fine lines, puffiness. Clinically proven results can be seen after just one treatment.

30min

ANTI-DARK CIRCLES CARE TREATMENT

A complex treatment that can effectively solve such a complex problem as dark circles under the eyes at several levels at once.

30min

HI-TECH TREATMENTS

CELLULITE VIB THERAPY

A high-precision remodeling treatment which combats fat deep down and smoothes surface cellulite.
60min

LIPO DRAINAGE 3D

Aiming at women suffering simultaneously from local cellulite, a feeling of heaviness in the legs, with swelling, painful and unpleasant sensations in the legs.
60min

AFTER SUN

Natural After Sun care for body that treats your skin using the nurturing power of Aloe Vera. Moisturizes and feeds your skin with organic Aloe Vera while replenishing it with antioxidants. Recovery for irritated & red skin. Prepare your skin for another day of responsible sunbathing.
60min

FACE MASKS

CAVIAR

Revitalizing skin mask for mature and combination skin type.
15min

WHITENING

Alginate mask for whitening and moisturizing the skin
15min

BLACKCURRANT

An Intensive moisturizing mask with blackcurrant for sensitive and dry skin
15min

ALGINATE REVITALIZING GOLD MASK

Lifting effect mask with golden particles
15min

HI-TECH TREATMENTS

VELASHAPE III CELLULITE CARE

Most recognized non-invasive body shaping treatment with over 10 years of clinical experience, more than 5 million independent treatments, and the most published studies of any medical body shaping device. It's proven to temporarily reduce the appearance of cellulite and thigh circumference— areas that women identify as problem zones— with a deep therapeutic treatment that delivers consistent, reproducible results, with minimal downtime or discomfort. Applicable on all skin types, in any season and any climate.

60min

DETOX TIGHTENING BY PRESSOTHERAPY

Lymphatic drainage treatment by pressotherapy that reduces edema. It is also an exclusive detoxifying treatment, which through effective lymphatic drainage, helps promote the body's natural toxin clearing functions. The revitalization and oxygenation of the tissue helps to slim and redefine the legs, stomach and arms while enhancing skin tone.

30min

HYDRAFACIAL MD

HydraFacial is an invigorating treatment that can be given in as little as 30 minutes. It delivers long-term skin health and can be tailored to meet the specific needs of all skin types. It offers instant, noticeable results with no downtime or irritation. The HydraFacial treatment removes dead skin cells and extracts impurities while simultaneously bathing the new skin with cleansing, hydrating and moisturizing serums. The treatment is soothing, refreshing, non-irritating and its effects are visible immediately.

50min

DERMAPEN

Dermapen is a small device that resembles a pen that stimulates blood flow and platelet that is when the body begins to respond by rejuvenating Micro Needling Pen is best used in combination with hair growth solutions for better results. This treatment is one of the latest cutting edge in reversing hair loss.

DERMAPEN FOR FACE

NAIL

HOUSE

Our signature nail experience, followed by light hand massage using our exclusive EDITION Le Labo Black Tea lotion. Deep cleaning, exfoliation, shaping, grooming, light massage, regular polish.

MANICURE PEDICURE MANI + PEDI

SHELLAC

Deep cleaning, exfoliation, shaping, grooming, light massage, and long-lasting shellac polish.

MANICURE PEDICURE MANI + PEDI

NAIL POLISH ONLY

NAIL POLISH (SHELLAC) REMOVAL

HAIR & STYLING

BLOW DRY

CUT & BLOW DRY

MEN'S CUT

TURKISH SHAVE

HAIR UP

COLOURING

OMBRE

TONG

PERM

MAKE-UP APPLICATION

EYEBROW COLOR

HAIR TREATMENT

HAIR EXTENSION

EYEBROW THREADING

More tailor-made services are available upon request.

WAXING

EYEBROW WAXING

LIP WAXING

ARM WAXING

ARM PIT WAXING

LEG WAXING

BIKINI WAXING

FULL BODY WAXING

GYM BY S.E.T.S

PRIVATE TRAINING EXPERIENCE

5 PRIVATE TRAINING EXPERIENCES

10 PRIVATE TRAINING EXPERIENCES

To book your work-out session, please call Guest Experience.

YOGA BY CIHANGIR YOGA

PRIVATE YOGA EXPERIENCE

To book your private yoga experience or inquire about our periodical yoga classes, please call Guest Experience.