

TIDES

SAFAR OG ÞEYTINGAR / JUICES AND SMOOTHIES

Greipaldins 390

Grapefruit

Trönuberja 390

Cranberry

Appelsínu 390

Orange

Epla 390

Apple

Rauðrófur, Skyr, Fáfnisgras & Brómber 790

Beetroot, Skyr, Tarragon & Blackberries

Gulrætur, Appelsínur & Hafþyrnisber 890

Carrots, Oranges & Sea Buckthorn Berries

Grænkál, Agúrka, Fennel & Sellerí 890

Kale, Cucumber, Fennel & Celery

ÁVEXTIR / FRUIT

Árstíðarbundnir Ávextir 1190

Seasonal Fruit Plate

ÚR BAKARÍINU / FROM OUR BAKERY

Kanilsnúður 550

Cinnamon Twist

Kardimommu Snúður 550

Cardamom Bun

Kleinur 490

Fried Sweetbread

Vínarbrauð 690

Danish

Smördeigshorn 500

Croissant



Dishes may contain allergens

We are happy to provide alternatives to meet your dietary requirements

TIDES

BRAUÐ / ON HOUSE BAKED BREAD

Ristað Súrdeigsbrauð með Lárperu, Egg, Fáfnisgrasolíu, Súrmjólks Krem, Radísum & Garðakarsa 1600
Toasted Sourdough Bread with Avocado, Egg, Tarragon Oil, Buttermilk Cream, Radish & Garden Cress

Ristað Rúgbrauð með Reyktum Laxi, Súrmjólks Krem, Eggjahræru & Sýrðum Gúrkum 1400
Rye Bread Toast with Smoked Salmon, Buttermilk Cream, Scrambled Egg & Pickled Cucumbers

Ristað Súrdeigsbrauð með Reyktum Rjómaosti, Agúrku & Svörtum Pipar 1100
Toasted Sourdough Bread with Smoked Cream Cheese, Radish, Cucumber & Black Pepper

LÍFRÆN EGG / ORGANIC EGGS

Ristað Brauð með Smjöri, Linsoðnu Eggi & Salti 950
Soft Boiled Egg with Salt, Butter & Toast

Eggjahræra með Reyktum Laxi 1500
Scrambled Egg with Smoked Salmon

Tides Egg Benidikt 1600
Tides Eggs Benedict

SKYR

Skyr með Bláberja Compote & Pistasíu Og Fáfnisgras Granóla 1190
Skyr with Blueberry Compote & Pistachio Tarragon Granola

Skyr með Eplum & Rauðberja Og Valhnetu Granóla 1190
Skyr with Apples & Red Berry Walnut Granola

GRAUTAR / PORRIDGE

Hafragrautur með Karamellisgeruðum Eplum, Ristuðum Möndlum & Mönðlumjólki 1600
Oat Porridge with Caramelised Apple, Roasted Almonds & Almond Milk

Bygg Grautur með Hleyptu Eggi, Steiktri Grísapylsu & Karsa 1500
Barley Porridge with Poached Egg, Fried Pork Sausage & Cress