

TIDES

SAFAR OG ÞEYTINGAR / JUICES AND SMOOTHIES

Greipaldins 1300

Grapefruit

Trönuberja 390

Cranberry

Appelsínu 1300

Orange

Epla 390

Apple

Gulrætur, Appelsínur & Hafþyrnisber 890

Carrots, Oranges & Sea Buckthorn Berries

Grænkál, Agúrka, Fennel & Sellerí 890

Kale, Cucumber, Fennel & Celery

ÁVEXTIR / FRUIT

Árstíðarbundnir Ávextir 1320

Seasonal Fruit Plate

ÚR BAKARÍINU / FROM OUR BAKERY

Vínarbrauð 690

Danish

Smjördeigshorn 690

Croissant

CHEF'S PASTRY OF THE DAY 500



Dishes may contain allergens

We are happy to provide alternatives to meet your dietary requirements

TIDES

BRAUÐ / IN HOUSE BAKED BREAD

Grillað Súrdeigsbrauð með Lárperu, Eggi, Fáfnisgrasolíu, Radísu & Garðakarsa 1750
Toasted Sourdough Bread with Avocado, Egg, Tarragon Oil, Radish & Garden Cress

Ristað Rúgbrauð með Reyktum Laxi, Eggjahæru & Sýrðum Gúrkum 1550
Rye Bread Toast with Smoked Salmon, Scrambled Egg & Pickled Cucumbers

LÍFRÆN EGG / ORGANIC EGGS

Tides Benedikt Egg 1750
Tides Eggs Benedict

Tvö Egg Á Marga Vegu 1600
Two Eggs Any Style

Bæta Við Próteini: Reyktur Lax, Íslensk Chorizo, Kjúklingapylsa, Svínapylsa eða Beikon 1300
Add Protein: Smoked Salmon, Icelandic Chorizo, Chicken Sausage, Pork Sausage or Bacon

Bæta Við Grænmeti: Sveppir, Spínat, Tómatu, Paprika, Agúrka eða Lárpera 550
Add Veggies: Mushrooms, Spinach, Tomato, Peppers, Cucumber or Half Avocado

Bæta Við Osti: Brie, Tindur eða Val Úr Nágrönninu 550
Add Cheese: Brie, Tindur or Local Selection

SKYR

Skyr með Bláberja-Compote & Pistasíu-Og Fáfnisgras-Granola 1350
Skyr with Blueberry Compote & Pistachio-Tarragon Granola

GRAUTAR / PORRIDGE

Hafragrautur með Karamelliseraðum Eplum, Ristuðum Möndlum & Möndlumjólk 1750
Oat Porridge with Caramelised Apple, Roasted Almonds & Almond Milk

MORGUNMATS SÉRRÉTTIR / BREAKFAST SPECIALS

Pönnukökur, Epli & Kanill 2400
Pancakes, Apple & Cinnamon Compote