

THE SPA AT
THE REYKJAVÍK
EDITION®

MENU OF SERVICES

THE SPA AT THE REYKJAVIK EDITION CEREMONIES

The Spa at The Reykjavik EDITION offers a unique sanctuary to recharge and rebalance the senses with this inspired collection of personalised treatments from world-renowned spa experts. With wellbeing at its heart, our bespoke ceremonies envelop the mind and body in total harmony.

ᚱ URUZ

The rune Uruz ᚱ stands for the concept of life force, physical health and persistence against all odds. Norse runes were symbols that sprang from the source of fate and were used in magical ceremonies by the Vikings.

The island of fire and ice comes to life in this unique experience

The physiological and emotional benefits of alternating hot and cold on the body have long been advocated and here we utilise them to full effect to stimulate and awaken the senses and the mind. A synergy of chilled muds, warm salt scrub, hot stones and cool marble massage collaborate to encourage circulation, stimulate nerve endings and enchant the senses. A unique experience paying cultural affirmation to both the origins of the Hammam experience and our Icelandic heritage.

Includes: Self-administered salt and oil body scrub, marine mud for the body and face mask and Hammam relaxation time – followed by a 45-minute targeted body massage with warm and chilled stones.

90min | 36,900*

Víkingur

The Icelandic Viking (Vikingur in Icelandic) Saga is filled with stories of bravery, endurance and respect for the land. The Vikings enjoyed the benefits of the natural Hot springs to keep both mind and body strong.

Treat your inner Viking and replenish your energy with this treatment after a day of adventure in Iceland

The perfect treat for your body after hiking through the magical countryside, or a high impact workout session. Muscle soothing essential oils and expert therapeutic care help ease overworked muscle and prevent post-workout aches. Completed with a vitamin-packed fresh Spa Bar blend to restore and re-energise your every cells.

Includes: Muscle soothing body massage with or without warm salt stones, focusing on areas of concern.

60min | 27,900*

Endurnýjun

Icelandic for renewal, this treatment is inspired by the Icelandic seascape and abundance of rich nutrients.

A personalised body envelopment and bespoke facial to purify and re-balance inside and out. Naturally detoxifying Algae or nourishing Marine Mud revive the senses. Skin looks and feels refined and toned, restoring your natural glow from within.

Includes: Skin brush, body exfoliation, algae or mud wrap, glow-from-within facial and scalp massage.

120min | 48,900*

Ægir

The Norse god of the sea, Ægir, was known to host lavish feasts attended by the gods of Asgard.

The perfect preparation for an evening of revelry

Relax and beautify with this alluring treatment combination. Skin is smoothed and given a lustrous glow with a sea salt hammam scrub, tension-melting back massage, and radiance-restoring facial. After your treatment, enjoy a refreshing Spa Bar creation to prepare you for a fabulous night out.

For the ultimate pampering and styling for your nails, add a manicure and pedicure.

Includes: Salt and oil hammam scrub, back, neck and shoulder massage, express facial

Booking option: add a manicure and pedicure

120min | 45,900*

120min | 58,900* (with manicure and pedicure)

Hammam Ceremony

Treat yourself to a Hammam experience the Icelandic way

This is the perfect way to start your experience at the Spa at The Reykjavik EDITION. We recommend adding this to any of our treatments to make the most of your Spa experience and fully utilise the hammam. The experience is great preparation for a massage or a night out, or to hydrate after indulgence.

We will provide you with a beautiful sea salt and essential oil body scrub, re-mineralising marine mud body mask and face mask and set you loose in the hammam. The gentle warmth activates the products and results in a revitalised you.

Includes: Self-administered salt and oil body scrub, marine mud for the body and face mask, Hammam relaxation time.

45min | 15,000*

FACIALS

Reveal skin that glows each day with natural health and beauty. By assessing your skin, lifestyle and wellbeing needs, our ESPA Experts create a truly personalized, results-focused facial using the latest innovative techniques with our powerful Tri-Active™ blends. Results are both instant and long-lasting, skin looks clear, radiant and inner calm is blissfully restored.

ESPA INSTANT RADIANCE FACIAL

Brighten and revitalize with this intense, instantly effective facial. Innovative formulas unlock nature's power to transform a fatigued or lacklustre complexion. Fresh, toned, radiantly healthy-looking skin emerges, and your natural glow is restored.

Includes: Skin analysis with SkinVision™ lamp, triple cleanse (including deep brush cleanse), exfoliation steam and extraction (if required), skin Radiance Mask, age defying Rose Quartz crystal massage, professional Lifting & Smoothing Mask and scalp massage.
90min | 33,900*

ESPA ACTIVE NUTRIENTS GLOW FROM WITHIN FACIAL

This invigorating, nutrient-rich treatment embraces ESPA's holistic approach to restoring radiance, feeding your skin and your mood so your face will glow with vitality. Dull, lethargic complexions are brightened and refreshed with the power of a sweeping Gua Sha massage which stimulates the lymphatic and circulatory systems, helping to boost the flow of blood and nutrients to the skin. Concentrating on your scalp, face, neck and décolleté and combining steaming, exfoliation and multi-masking to maximize results. Body, mind and skin feel renewed while your face has a lit-from-within luminosity.

Includes: Skin analysis with SkinVision™ lamp, cleanse and exfoliation (including FOREO), steam, Gua Sha facial massage, double mask, scalp mask, hand and arm Gua Sha massage.
60min | 24,900*

ESPA INTENSE REGENERATING FACIAL

Visibly diminish wrinkles and fine lines with this powerfully age defying facial. Instantly effective, naturally renewing formulas combined with restorative massage to noticeably tone, plump and intensely hydrate mature skin. Youthful radiance is awakened, and your skin is left feeling beautifully refined, soft and supple.

Includes: Skin analysis with SkinVision™ lamp, triple cleanse, exfoliation, steam and extraction (if required), age defying facial massage, mask and scalp massage.
60min | 24,900*

ESPA INNER BEAUTY FACIAL

Deeply cleanse, hydrate and renew with this instant results facial. Tailored to your skin's precise needs, Tri-Active™ formulas work immediately to transform your complexion while pure aromatherapeutic oils encompass your mind. Skin looks clear, quenched, naturally beautiful, and inner calm is blissfully restored. Purify your body and deeply replenish your skin.

Includes: Skin analysis with SkinVision™ lamp, triple cleanse, exfoliation, steam and extraction (if required) facial massage, personalized mask and scalp massage.
60min | 23,900*

MASSAGES

Rediscover inner calm and physical wellbeing. Here, Genuine care is taken to address your individual needs, with natural formulas and holistic techniques specially applied to provide a profoundly effective experience for both mind and body. Muscle tension is released, your soul feels soothed, and you emerge energized with renewed focus and lasting positivity.

HOT AND COOL STONE BODY BALANCE MASSAGE

Re-charge and revitalize body and mind with this natural Basalt stone and Onyx marble massage.

Warm Volcanic stones used in a free-flowing massage style to ease muscle tension while cool Onyx marble helps to stimulate and improve circulation. Powerful essential oils help to soothe and bring clarity to mind and body leaving you with a renewed sense of inner calm.

Includes: Body massage with warm volcanic stone, cool onyx marble stones are introduced should you wish to embrace the Icelandic way and scalp massage

60min | 26,900*

90min | 33,900*

ESPA INNER CALM MASSAGE

Quiet your mind, release tension and nourish your skin with this holistic, ultimately restorative experience

Personalized to your physical and emotional needs, carefully chosen aromatherapy blends relax, cleanse or energize, while advanced massage alleviates muscular pressure, soothes anxiety and invokes profound relaxation. Mind and body feel balanced, energy renewed and inner calm beautifully restored.

Includes: Breathwork, full body aromatherapy massage, scalp massage with Rose Quartz Crystals.

60min | 25,000*

90min | 31,900*

ESPA DEEP MUSCLE MASSAGE

Restore comfort, suppleness and movement with this intensely effective massage

Active stretching and specialized massage with expertly blended aromatherapy oils alleviate deep-seated tension in the neck, shoulders and back with instant and lasting effect. Muscular pain is diminished, leaving you feeling stronger and more energised.

Includes: Targeted massage, with or without warm salt stones, focussing on areas of concern, scalp massage.

60min | 25,900*

90min | 32,900*

ESPA SWEDISH MASSAGE

Revive your body and enliven your spirits with this invigorating massage

Working swiftly and deeply where you need it most, traditional Swedish massage with pure, nourishing oils to boost circulation, alleviate tight, aching muscles and awaken the body from head to toe.

Includes: Full body Swedish massage and scalp massage

60min | 23,900*

90min | 30,900*

DUO MASSAGE

Any of the 60- or 90-minute ESPA Massage experiences can be enjoyed together in our adjoining treatment room. Please allow our reception team to schedule this for you.

60 or 90 min | For duo massages we offer a 10% discount

ESPA MUSCLE REVIVER

Relax and revive body and mind with this multi-targeted massage

Instantly alleviate tension with this powerful yet soothing treatment focusing on the back, face and scalp. Using personally selected essential oils, persistent tension in the back is eased, skin looks re-energized. and a positive mindset is restored.

Includes: Back massage, facial and scalp massage.

45min | 19,900*

ESPA BODY TREATMENTS

Guided entirely by your personal needs, expect instant and long-lasting results from these profoundly renewing rituals. Unique in every sense, they make use of nature's most powerful and effective actives and oils, coupled with innovative techniques from our expert therapists. Your body feels rebalanced, and the skin's natural beauty is restored.

ESPA BACK, FACE & SCALP TREATMENT

Unravel tension, instantly boost your complexion and restore inner calm with our most renowned treatment

Targeted massage techniques combined with the purest aromatherapy oils and a highly personalized facial help you to look and feel your very best, restored, de-stressed and beautifully radiant.

Includes: Back exfoliation, back massage with or without hot stones, inner beauty facial and scalp massage.

90min | 35,900*

ESPA BODY WRAP

Purify your body or deeply replenish your skin with this personalised body wrap

Reveal instant results from naturally detoxifying Algae or nourishing Marine Mud. Skin looks refined, toned and beautifully radiant, while a soothing scalp massage restores inner calm.

Includes: Skin brush, body exfoliation, Algae or mud wrap and scalp massage.

60min | 27,900*

TIME IS OF THE ESSENCE

This selection of treatments is perfectly crafted to be added to and complement other experiences or as a mini indulgence when time is of the essence.

ESPA BACK, NECK & SHOULDER MASSAGE

Ease tension where you need it most with this fast-acting de-stressing treatment

Personalized to your unique needs, targeted massage with pure aromatherapy blends relaxes tense muscles, re-energizing your body and calming your mind.

Includes: Massage to the back, neck and shoulders
25min | 16,900*

ESPA EXPRESS FACIAL

Reveal a clear, refreshed, naturally beautiful complexion with this express facial

Personalized to your needs, natural active formulas cleanse, rebalance and hydrate while aromatic essential oils capture your mind, leaving you looking and feeling relaxed and radiant.

Includes: Skin analysis with SkinVision™ lamp, double cleanse, exfoliation, personalised mask and scalp massage.
25min | 17,900*

FINISHING TOUCHES

ULTIMATE MANICURE

A real treat for nails, hands and arms as nourishing and restoring oils bring comfort to the skin while a hot stone and cool onyx marble massage revives hands and arms. Finish with a dash of color or natural polish.

Includes: Nail shaping and cuticle care, hand and arm massage, nail varnish application.

Manicure, 60min | 24,900*

ULTIMATE PEDICURE

Super soothing and awakening foot and leg treatment – using invigorating and hydrating oils and creams with warm volcanic stones and cool marble to massage and revitalise legs and feet. A layer of lacquer completes the look for party-ready toes.

Includes: Nail shaping and cuticle care, foot and leg massage, nail varnish application

Pedicure, 60min | 24,900*

GUIDELINES

EDITION Spas embody vibrant living, by bringing internationally inspired healing practices with a local flare to each location. Showcasing the best wellness treatments and beauty services, The EDITION Spa blends timeless philosophies with innovative techniques and emerging trends.

Should you need additional information on any of our service offerings, please consult our online spa menu or contact our spa experts for more details.

Please give us a call at least 24 hours prior to your appointment should you need to cancel to avoid the cancellation fee which is the full listed menu price.

Children under 18 years of age are not permitted in the spa, lounge or locker area.

Please visit our website to subscribe and benefit from our seasonal promotions:
www.editionhotels.com/reykjavik/spa-and-fitness/

Call us at 582-0020 for a custom curated Spa experience.

HOURS OF OPERATION

Wednesday To Saturday	10:00am to 6:00pm
Sunday	12:00pm to 4:00pm

RESERVATIONS

To schedule an appointment for your perfect treatment, please book through our website or contact us directly. Our team members will be delighted to guide you to the right choice. We encourage our guests to schedule spa services in advance to ensure your ideal day and time of choice. Should you prefer a male or female therapist, please make your request known when scheduling your treatment and we will do our best to accommodate your request.

ARRIVAL TIME

Please allow sufficient time before your booked treatment to complete a Spa Intake Form. We recommend arriving at least 30 minutes in advance of your treatment so that you may change, relax and enjoy the spa facilities. Please be advised that late arrivals will result in a reduction of treatment time.

SPA ATTIRE

Most body treatments are enjoyed without clothing. However, please wear whatever is comfortable for you. During all treatments, the body is fully draped, except for the area being worked on.

The Spa will provide luxurious towels, robes, slippers and any amenities required for use during your spa visit as well as a use of a locker for your personal belongings.

SPA FACILITIES AND ACCESS

The following spa facilities are available at The Spa at The Reykjavik EDITION: Sauna, Steam room, Power showers, Hot tub, Spa changing and relaxation areas. Hotel guests are invited to use the spa facilities at their convenience. Out of house guests who have reserved a treatment of more than 30 minutes may also enjoy access to the spa facilities.

The capacity of the Spa may be limited according to local law. We kindly ask you to respect the capacity limit of individual Spa areas.

SPA ETIQUETTE

Our Spa environment is one of relaxation and tranquillity. Please respect all guests' right to privacy and serenity. The Spa is a phone, camera and smoke-free zone.

HEALTH CONDITIONS

Kindly advise us of any health conditions, allergies or injuries which could affect your choice of treatment when making your Spa reservation. For pregnancies, please allow our Spa experts to guide you in selecting the most suitable treatments during this special time.

LOST PROPERTY

The Spa at The Reykjavik EDITION is not liable for lost valuables, and we ask that you please leave jewellery and other items of value in your hotel room or at home.

PRICES

All prices are quoted in Icelandic Krona, ISK and are subject to change at any time.

Signature Ceremonies

Þ (URUZ)	90 minutes	36,900
Vikingur	60 minutes	27,900
Endurnýjun (Renewal)	120 minutes	48,900
Ægir	90 minutes	45,900
Ægir with manicure and pedicure	120 minutes	58,900
Hammam Ceremony	45 minutes	15,000

Facials

ESPA Instant Radiance Facial	90 minutes	33,900
ESPA Active Nutrients Glow from Within Facial	60 minutes	24,900
ESPA Intense Regenerating Facial	60 minutes	24,900
ESPA Inner Beauty Facial	60 minutes	23,900

Massages

Hot and Cool Stone Body Balance Massage	60 minutes	26,900
	90 minutes	33,900
ESPA Deep Muscle Massage	60 minutes	25,900
	90 minutes	32,900
ESPA Inner Calm Massage	60 minutes	25,000
	90 minutes	31,900
ESPA Swedish Massage	60 minutes	23,900
	90 minutes	30,900
ESPA Muscle Reviver	45 minutes	19,900
Duo Massage (For duo massages we offer a 10% discount)	60/90 minutes	

Body Treatments

ESPA Back, Face & Scalp Treatment	90 minutes	35,900
ESPA Body Wrap	60 minutes	27,900

Time is of the Essence

ESPA Back, Neck, and Shoulder Massage	25 minutes	16,900
ESPA Express Facial	25 minutes	17,900

Finishing Touches

Ultimate Manicure	60 minutes	24,900
Ultimate Pedicure	60 minutes	24,900

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EDITION®

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