

TIDES

SAFAR OG ÞEYTINGAR / JUICES AND SMOOTHIES

Greipaldins 1300

Grapefruit

Trönuberja 600

Cranberry

Appelsínu 1300

Orange

Epla 600

Apple

Gulrætur, appelsínur & hafþyrnisber 1900

Carrots, oranges & sea buckthorn berries

Grænkál, agúrka, fennel & sellerí 1900

Kale, cucumber, fennel & celery

ÁVEXTIR / FRUIT

Árstíðarbundnir ávextir 2100

Seasonal fruit plate

ÚR BAKARÍINU / FROM OUR BAKERY

Vínarbrauð 850

Danish

Smjördeigshorn 850

Croissant

CHEF'S PASTRY OF THE DAY 850

KAFFI / COFFEE

Espresso 550

Double espresso 650

Cappuccino 710

Latte 750

Uppáhellt kaffi / Filter coffee 650

Selection of tea from Tea People 590

TIDES

TIDES BREAKFAST TABLE

Unlimited indulgence of:

Eggs any style, bacon, salmon, cheese & charcuterie, selection of pastries, fresh fruits, skyr & chia pudding bar, coffee, tea & juices

5500

À LA CARTE

BRAUÐ / IN HOUSE BAKED BREAD

Grillað súrdeigsbrauð með lárperu, egg, fáfnisgrasolíu, radísum & garðakarsa 2600
Toasted sourdough bread with avocado, egg, tarragon oil, radishes & garden cress

Ristað rúgbrauð með reyktum laxi, eggjahræru & sýrðum gúrkum 2700
Rye bread toast with smoked salmon, scrambled egg & pickled cucumbers

LÍFRÆN EGG / ORGANIC EGGS

Tides Benedikt egg 2300
Tides Eggs Benedict

Tvö egg á marga vegu 2200
Two eggs any style

BÆTA VIÐ / ADD ON

PRÓTEIN: Reyktur lax, íslensk chorizo, kjúklingapylsa, svínapylsa eða beikon 1300 each
PROTEIN: Smoked salmon, Icelandic chorizo, chicken sausage, pork sausage or bacon

GRÆNMETI: Sveppir, spínat, tómatur, paprika, agúrka eða lárpera 700 each

VEGGIES: Mushrooms, spinach, tomato, peppers, cucumber or half avocado

OSTUR: Brie, Tindur eða val úr nágreininu 700 each

CHEESE: Brie, Tindur or local selection

SKYR

Skyr með bláberja-compote & pistasíu-og fáfnisgrasgranola 2500
Skyr with blueberry compote & pistachio-tarragon granola

GRAUTAR / PORRIDGE

Hafragrautur með karamellíseruðum eplum, ristuðum möndlum & möndlumjólk 2100
Oat porridge with caramelized apples, roasted almonds & almond milk

MORGUNMATAR SÉRRETTIR / BREAKFAST SPECIALS

Pönnukökur, epli & kanill 2600
Pancakes, apples & cinnamon compote