

TIDES

HOLLIR RÉTTIR

Bircher músli 2300
Rifin epli & möndlur

Skyr 2600
Heimagert granóla & bláber

Chiagrautur 2200
Mangó & kókos

Hafragrautur 2200
Möndlumjólk & rúsínur

Reykt laxabeygla 2200
Sesambeygla, dill rjómaostur & garðsalat

Beygla með rjómaosti & agúrku 2000
Sesambeygla, dill rjómaostur & garðsalat

Árstíðabundnir ávextir & ber 2200

KLASSÍSKIR RÉTTIR

Smurbrauð 2700
Rúgbrauð, grafinn lax, rjómaostur, dill, radísur & hleypt egg

Franskt eggjabrauð 2500
Súrdeigsbrauð, fersk ber & þeyttur rjómi

Súkkulaðiþitapönnukökur 2600
Ber & hlynsíróp

Smjördeigshorn með skinku & osti 1600
Gouda ostur

TIDES MORGUNVERÐARBORÐ

5500

Egg á marga vegu, beikon, lax, ostar & charcuterie,
úrval af sætabrauði, ferskir ávextir, skyr & chia búðingur,
kaffi, te & safar

EGGJARÉTTIR

Græn ommeletta 2400
Smáspínat, kúrbítur, lárpera & Tindur

Shakshuka 2800
Grænmeti, tómatsósa, fetaostur,
steikt egg & pönnusteikt pítubrauð

Súrdeigsbrauð með lárperu 2700
Hleypt egg, radísur, vætukarsi & lárpera

TIDES egg Benedikt 2800
Reykt skinka & hollandise sósa

Tvö egg á marga vegu 2400
Bæta við
Paprika, laukur, sveppir, spínat, eldipipar 700
Skinka, Gouda ostur, chorizo, kjúklingapylsa 900

BRAUÐ & MEÐ ÞVÍ

Charcuterie úrval 1800
Reyktur & grafinn lax 1800
Úrval af íslenskum ostum 1400
Borið fram með ristuðu súrdeigsbrauði & smjöri

MEÐLÆTI

Skornir tómatar 750
Hálf lárpera 750
Agúrkusneiðar 750
Steiktir sveppir 850
Bakaðar baunir 850
Kartöfluklattar 850
Kjúklingapylsur 1400
Chorizo 1400
Svínapylsur 1400
Beikon 1400

ÚR BAKARÍINU

Vínarbrauð 850
Smjördeigshorn 850
Bollakaka dagsins 750
Heimagert granólastykki 600
Pain au chocolat 900
Bakkelsi vikunnar 900
Brauð með smjöri & sultu 1200

DRYKKIR

SAFAR

Ferskur appelsínusafi 1300
Ferskur greipaldinsafi 1300

HEITIR DRYKKIR

Kaffi frá Reykjavík Roasters
Espresso 680
Tvöfaldur espresso 720
Cappuccino 840
Latte 860
Uppáhelt kaffi 730
Úrval af te frá Tea People 720

TIDES

HEALTHY OPTIONS

Bircher muesli 2300
Grated apple & almonds

Skyr 2600
Homemade granola & blueberries

Chia seed pudding 2200
Mango & coconut

Oatmeal porridge 2200
Almond milk & raisins

Smoked salmon bagel 2200
Sesame bagel, dill cream cheese & garden greens

Classic cucumber & cream cheese bagel 2000
Sesame bagel, dill cream cheese & garden greens

Fresh seasonal fruits & berries 2200

ALL TIME CLASSICS

Smørrebrød 2700
Rye bread, salmon gravlax, cream cheese, dill,
radish & soft poached egg

Sourdough french toast 2500
Fresh berries & soft cream

Chocolate chip pancakes 2600
Berries & maple syrup

Ham & cheese croissant 1600
Gouda cheese

TIDES BREAKFAST TABLE

5500

Eggs any style, bacon, salmon, cheese & charcuterie,
selection of pastries, fresh fruits, skyr & chia pudding bar,
coffee, tea & juices

JUST EGGS

Green omelette 2400
Baby spinach, zucchini, avocado & Tindur cheese

Shakshuka 2800
Stewed vegetables, tomato sauce, feta cheese,
fried egg & pan seared pita bread

Sourdough avocado 2700
Poached egg, radish, watercress & crushed avocado

TIDES eggs benedict 2800
Smoked ham & hollandaise sauce

Two eggs any style 2400
Add on
Bell pepper, onion, mushrooms, spinach, chili 700
Ham, Gouda cheese, chorizo, chicken sausage 900

COLD CUTS & TOAST

Charcuterie selection 1800
Smoked & cured salmon 1800
Local cheese selection 1400
Served with sourdough toast & butter

SIDES

Sliced tomatoes 750
Half avocado 750
Fresh cut cucumber 750
Sautéed mushrooms 850
Baked beans 850
Hash browns 850
Chicken sausages 1400
Chorizo 1400
Pork sausages 1400
Bacon 1400

FROM OUR BAKERY

Danish 850
Croissant 850
Muffin of the day 750
Homemade granola bar 600
Pain au chocolat 900
Pastry of the week 900
Assorted toasted bread with butter & jam 1200

DRINKS

JUICES

Freshly squeezed orange juice 1300
Freshly squeezed grapefruit juice 1300

HOT BEVERAGES

Featuring Reykjavík Roasters
Espresso 680
Double espresso 720
Cappuccino 840
Latte 860
Filter coffee 730
Selection of tea from Tea People 720