

THE SPA AT
THE BODRUM
EDITION

BY SPA SOUL

EDITION Wellness Experiences embody vibrant living by bringing international healing practices and a locally-inspired, curated selection of treatments. Displaying the best wellness treatments, beauty services, and yoga and fitness programs, The Spa at The Bodrum EDITION by Spa Soul blends timeless philosophies with innovative techniques and emerging trends.

Our intentionally streamlined menu is edited to respect your time and intelligence while providing meaningful, tailored choices. Should you want to obtain more information on any of our service offerings, please consult the menu or contact our spa experts for more details.

Should your plans change, please call at least 12-hrs prior to your appointment to avoid the cancellation fee, 100% of the listed price.

Children under 18 are not permitted in the Spa, Gym, Lounge, or Locker Area.

In order to make the most of your experience at The Spa at The Bodrum EDITION by Spa Soul, please arrive at least 30 minutes (15 minutes for 10 am reservations) prior to your appointment in order to unwind and steam.



HAMMAM

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An ancient Ottoman body treatment included the removal of dead cells from the skin's surface with a specific glove called "kese" and a relaxing cleansing soap massage.

40min (Traditional)

30min (Foam)

30min (Scrub)

AROMATIC HAMMAM

An invitation to fulfillment and serenity. The entire know-how of the Hammam in this unique ritual: a soft steam and scrub with "kese" followed by a massage in a cloud of foam with aromatic essence. The skin regains its original texture.

50min (Aromatic)

CLASSIC

STOCKHOLM

This most widely known form of massage uses a combination of gentle and medium pressures of Swedish massages to ease tension and stress.

45min

MYOTHERAPY

This invigorating massage engages the deep tissue with sports massage technique that applies strong pressure to knead and wring tension away.

60min

WELCOME

This is a special and quick welcome ritual for our guests. A treatment using a combination of different massage techniques with nutritious massage oils.

30min

FOCUS

This treatment uses precise massage techniques to focus on specific zones of the body, including the head, neck, shoulder, and back.

30min

JOURNEY

BALI

The Traditional Balinese massage is an ancient healing therapy that originated on the island of Bali, Indonesia. It uses a combination of gentle stretches, acupressure, and aromatherapy to stimulate the flow of blood, oxygen, and "qi" (energy) around the body and bring a sense of well-being, calm and deep relaxation. **60min**

THAI FUSION

The Thai Fusion Massage promises reinvigoration, a re-energizing treat for the body that combines vigorous forearm strokes that unhinge your muscles from deep-rooted stress through soothing acupressure points. Centering on the respite of the shoulders, the hips, and the neck, along with the abundant benefits of Almond oil.

75min

HAWAIIAN LOMI LOMI

This massage involves flowing strokes using connective movements of the lower arm and elbow, to induce a sense of deep relaxation.

60min

HOT STONE

The earliest use of hot stones to improve health and relaxation was over 5,000 years ago. In the present day, This massage therapy is used as; the movement of energy known as qi/chi is stimulated by placing the hot stones, and the effects of stress are eliminated, and healing is facilitated by the gentle massage. Hot stone massage also Helps in releasing toxins, relieving pain, and improving circulation.

75min

GOURMET

PURE HAMMAM

The natural Moroccan black soap with olive extract helps nourish and clarify your skin. This innovative treatment uses Shea Butter for extra hydration of your skin.

60min

STRESS RELIEF

The manipulation techniques of drainage and curative massage will stimulate circulation and further assist you to optimal health and wellbeing.

60min

ARGAN RELEASE

A gateway into the heart of Morocco with this treatment combining pink crystals & argan shell scrub, a mineral claymask, and a massage with argan butter that will leave the skin soft with subtle scents.

SIGNATURES

AROMATHERAPY EXPERIENCE

This hero treatment starts with a consultation and aroma test to allow you to choose a suitable oil from our extensive selection by Aromatherapy Associates. With your chosen oil, your therapist will use carefully applied pressures to stimulate the nervous system, Swedish and neuromuscular techniques to relieve muscular tension, and lymphatic drainage to encourage healthy circulation. This is an intense, holistic massage ritual drawn from a fusion of eastern and western techniques enabling the therapist to work on your body, mind, and spirit.

60min

OPTIMAL RELEASE

Designed with deeply releasing massage techniques that focus on your back, legs, scalp, neck, and shoulders, this treatment tackles the busy mind and relieves physical aches using the blend of your choice De-Stress Mind or Muscle.

60min

MUSCLE RELEASE

This restorative treatment was designed with tense and aching muscles in mind. Whether it's a heavy exercise schedule or too many hours spent sitting at your desk, this black pepper, rosemary, and ginger-based treatment will warm the muscles and help disperse the build-up of lactic acid that causes stiffness and pain. **60min**

STRESS RELEASE

Exclusive to EDITION Spa, experience the ultimate body and mind treatment that combines deep tissue massage technique and sweet almond oil. Nourishing sweet almond massage oil helps ease the tension, whilst firm and deep pressures relieve muscle pain and encourage the healing process of tendon and spinal injuries.

60min

YOUR EDITION SIGNATURE

Melt into an authentic EDITION experience with a focused intention on your body's needs. This massage, personalized to your desired pressure applying Swedish massage techniques, uses a nourishing blend of oils featuring the EDITION brand's signature Black Tea scent by Le Labo, a rich and complex aroma designed to tap into your feelings of wellbeing and comfort. The massage commences with a local ritual to embrace your sense of place within each destination. This exclusive message experience is featured at our hotel spas worldwide and will leave you feeling calm, relaxed, and rejuvenated.

60min

BEAUTY by FORLLE'D

INSTA BEAUTY

This treatment is perfect for: Treating dryness and rehydration after sun exposure. Providing anti-oxidant protection, minimizing the appearance of wrinkles and deep hydrating of the skin, preventing dark spots and pigmentation, aiding skin recovery after sun exposure and improving skin tone and quality for a daily radiant glow
30min

SENSITIVE

This treatment serves as first aid for clients with sensitive skin. It makes up for deficiencies in the intercellular cement and cell membranes. Low molecular weight ingredients are a perfect solution to restore the skin barriers to increase the tolerance level as well as the advanced beautiful look of the skin. The skin becomes soothed and healthier, and irritation is eliminated. The intensive hydration of the skin provided also helps control hypersensitivity. The skin acquires a beautifully even complexion.

60min

PLATINUM BRIGHTENING

Dark spots are one of the signs of aging, but Forlle'd Technology which is based on Nobel Prize Finding combat them effectively. This treatment regulates melanin production to whiten the skin considerably and reduce or eliminate hyperpigmentation. It improves the skin's look dramatically and has a powerful antioxidant effect. At the heart of this treatment is the Hyalogy Platinum Face Mask. which contains low molecular weight hyaluronic acid and ionized low molecular weight platinum-based organic compounds. Even after the 1st treatment immediate brightening effect will be visible.

60min

LIFTING COLLAGEN

This unique treatment has excellent lifting action and a pronounced rejuvenating effect on the skin. Since this treatment targets both an instant effect and the stimulation of the skin's own collagen synthesis, a complete course ensures a skin lifting effect for a period of up to several months. Hyalogy Lift mask. The unique mask in this treatment saturates the skin with low- and high-molecular hyaluronic acid and intensively hydrates it. Biomimetic peptides in this mask gently smooth out mimic wrinkles and stimulate collagen and elastin production.

60min

ANTI-AGING

This treatment prevents most age-related changes in the skin, improves skin metabolism and microcirculation, makes face contour more defined, and corrects the hormonal status. A complete course of treatments smoothes out the fine lines and restores the moisture balance, improving the skin's texture and structure. **60min**

WTC - SIGNATURE FACIAL TREATMENT

Welcometoclub is a skincare platform that is powered by skincare professionals and curating this treatment. 11 different products from 5 different brands that have proven efficiency with patented technologies and ingredients turn this signature treatment an unforgettable experience. The treatment is combined with Foreo skincare devices. You may also upgrade this service and enjoy travel size products at home that are applied during the treatment.

60min

BODY

HAND CARE

Hand care begins with removing dead skin cells with a soft peeling and continues with a relaxing massage, which improves finger and wrist range of motion and enhances circulation.

30min

FOOT CARE

Foot Care begins with the removal of dead cells from the skin's surface by Alum Stone Scrub and continues with pressure applied to the feet with specific techniques stimulating reflex points for overall wellbeing. **30min**

WRAP

Base Mud

30min

PEELING

-Revive Body Scrub

-Polishing Natural Exfoliating Scrub

30min

HAIR

HAIR CARE WITH ARGAN

Enhance your treatment by adding argan -based hair care by Charme D'orient.

1 Session(s)

BEARD CARE WITH ARGAN

Enhance your treatment by adding argan -based beard care by Charme D'orient.

15min

UPGRADES

AROMATIC SPELL

1 Session(s)

ARGAN&SHEA

1 Session(s)

PRIVATE EXPERIENCES

INDOOR JACUZZI SUITE

In the privacy of your own couple suite, we offer intimate tranquility for two, to soothe your body, calm your soul, and as desired, total seclusion to surrender your stress. Each treatment is transformed into a romantic escapade in this private suite dedicated to relaxation and serene yearnings. You and your loved one will sure to enjoy our couple suites equipped with a couple Jacuzzi.

SOLO (+30 mins Jacuzzi complimentary)

COUPLE (+30 mins Jacuzzi complimentary)

SALT SUITE

Experience dry salt therapy, or halotherapy, a natural treatment using micro particles of salt to promote breathing, nourished skin, sound sleep, physical endurance, and alleviate respiratory and skin conditions.

20min

HAMMAM FOR ME

Enhance your hammam experience with your loved ones in a private hammam suite.

SOLO

FOUR HANDS EXPERIENCE

Enjoy your treatment with the privilege of 4-hands

SOLO