

THE SPA AT  
THE REYKJAVÍK  
EDITION®

MENU OF SERVICES

# WELLNESS

EDITION Spas embody vibrant living by offering internationally inspired healing practices with a local flair unique to each location. Showcasing the finest wellness treatments and beauty services, The Spa at The Reykjavík EDITION blends timeless philosophies with innovative techniques and emerging trends.

What does wellness mean to you? Our team of Spa Professionals is ready to curate and advise on your experience, to continue lifestyle choices or open your mind to new modalities that enhance your state of wellbeing. Should you want more information on any of our service offerings, please consult the online menu or contact our spa experts for more details.

The Spa at The Reykjavík EDITION offers an exclusive array of facilities designed to enhance your well-being, including a sauna, steam room, power showers, a hot tub, and restorative relaxation areas. Access for hotel residents is available for 4,350 ISK daily. Non-residents may enjoy spa access for 10,000 ISK per day, or complimentary with the reservation of treatments lasting 30 minutes or longer. To ensure a serene and comfortable experience for all guests, we respectfully request that you adhere to the posted capacity limits within each spa area.

# GUIDELINES

Please give us a call at least 24 hours prior to your appointment should you need to cancel to avoid the cancellation fee which is the full listed menu price.

The therapist gender is not confirmed and only a request unless specifically requested and confirmed upon booking confirmation.

Children under 18 years of age are not permitted in the spa, lounge, or locker area.

Call us at +354 582 0020 for a custom curated Spa experience, or visit our web booking portal and benefit from our seasonal promotions.



## HOURS OF OPERATION

Daily | 10:00 AM - 9:00 PM

# EDITION EXPERIENCES

With wellbeing and local rituals at its heart, our bespoke ceremonies envelop the mind and body in total harmony.

## YOUR EDITION SIGNATURE MASSAGE

Melt into an authentic EDITION experience focused on your body's needs. This massage, personalized to your desired pressure applying Swedish massage techniques, uses a nourishing blend of oil featuring the EDITION brand's signature Black Tea scent by Le Labo, a rich and complex aroma designed to tap into your feelings of well-being and comfort.

60min | 28,900

## URUZ

A uniquely authentic Icelandic experience, including a synergy of modalities to stimulate nerve endings and rejuvenate the senses. Begin with a 45-minute targeted hot stone massage, then immerse yourself in an enchanting hammam session with a DIY salt and oil body scrub, body mask, and a clay mask for the face.

90min | 36,900

## VÍKINGUR

Crafted for the viking within to help relieve tension from your active lifestyle. This muscle relieving body massage includes warm salt stones to focus on areas of concern, vitamin-packed smoothie, and expert therapeutic care to enhance flexibility and prevent post-activity aches.

60min | 27,900

## ENDURNÝJUN

Icelandic for renewal, this treatment is inspired by the local seascape and abundance of rich nutrients. Start with a circulation-boosting body brush and exfoliation, followed by a personalized body wrap with naturally detoxifying algae. Next, enjoy a customized facial to purify and re-balance, bringing out that healthy glow. Top it all off with a scalp massage to melt away all anxiety.

120min | 48,900

## ÆGIR

Start your journey with a rejuvenating DIY sea salt hammam scrub, followed by a radiant, skin-illuminating facial to restore your glow. Next, unwind with a tension-melting back massage, and finish with a hand-crafted spa cocktail, leaving you feeling refreshed and ready for a fabulous night ahead.

120min | 45,900

# MASSAGES

## PERSONALIZED EXPERIENCE

Rely on the expert hands of our therapists and allow yourself to be the center of a completely customized massage session. Our therapists will tailor their skills to suit your needs and choose the massage technique based on the outcome you are looking for.

75 min | 29,900

## HOT STONE BODY BALANCE MASSAGE

Re-charge and revitalize your body and mind with this natural Basalt stone massage. Warm Volcanic stones are used in a free-flowing massage style to ease muscle tension, stimulate and improve circulation, leaving you with a renewed sense of inner calm.

60min | 26,900 90min | 33,900

## INNER CALM MASSAGE

Quiet your mind, release tension, and nourish your skin with this holistic and restorative experience. Personalized to your physical and emotional needs, carefully chosen aromatherapy blends relax, cleanse, or energize, while advanced massage alleviates muscular pressure, soothes anxiety and invokes profound relaxation. Mind and body feel balanced, energy renewed, and inner calm beautifully restored.

60min | 25,000 90min | 31,900

## DEEP MUSCLE MASSAGE

Restore comfort, suppleness, and movement with this intensely effective massage that combines active stretching with specialized techniques to target deep-seated tension in the neck, shoulders, and back, delivering both immediate and long-lasting benefits. Muscular pain will decrease, leaving you feeling stronger and more energized.

60min | 25,900 90min | 32,900

## SWEDISH MASSAGE

Revive your body and enliven your spirits with this invigorating massage. Working swiftly and deeply where you need it most, traditional Swedish massage with pure, nourishing oil boosts circulation, alleviates tight, aching muscles, and awakens the body from head to toe.

60min | 23,900 90min | 30,900

## MUSCLE REVIVER

Relax and revive your body and mind with this multi-targeted massage. Instantly alleviate tension with this powerful yet soothing treatment that targets the back, face, and scalp. A personally selected oil eases persistent tightness in the back, revitalizes skin, and restores a positive mindset.

45min | 19,900

# BIOEFFECT FACIALS

## BIOEFFECT GLACIER GLOW

Turn back the clock with our BIOEFFECT facial treatment. Experience the power of pure, plant-biotech growth factors that stimulate your skin's own regeneration, helping to slow the aging process. This revolutionary treatment significantly diminishes wrinkles and fine lines, increases skin thickness, and leaves your skin beautifully hydrated and radiant.

60min | 24,900     90min | 33,900

## BIOEFFECT VOLCANIC RADIANCE

Revitalize your skin with the advanced BIOEFFECT technology in this luxurious facial treatment, designed to deeply hydrate and deliver a radiant, youthful healthy glow. Through the power of gua sha stones, volcanic exfoliation, and targeted serums, this treatment smooths and rejuvenates your complexion, enhances skin texture and boosts hydration. Suitable for all skin types, it leaves your skin feeling fresh, smooth, and luminous with lasting radiance.

60min | 24,900

# BODY TREATMENTS & SCRUBS

## BACK, FACE & SCALP TREATMENT

Unravel tension, boost your complexion, and restore inner calm with our most renowned treatment. Targeted massage techniques combined with the purest oil and highly personalized facial help you to look and feel your best, restored, de-stressed, and beautifully radiant.

90min | 35,900

## BODY WRAP

Purify your body or deeply replenish your skin with this personalized body wrap. Reveal instant results from naturally detoxifying algae. Your skin will look refined, toned, and beautifully radiant, while a soothing scalp massage restores inner calm.

60min | 27,900

# EXPRESS TREATMENTS

## BACK, NECK & SHOULDER MASSAGE

Ease tension where you need it most with this fast-acting de-stressing treatment. Personalized to your unique needs, targeted massage with pure aromatherapy blends relaxes tense muscles, re-energizing your body and calming your mind.

25min | 16,900

## EXPRESS FACIAL

Reveal a clear, refreshed, naturally beautiful complexion with this express facial. Personalized to your needs, natural active formulas cleanse, rebalance, and hydrate, leaving you looking and feeling relaxed and radiant.

25min | 17,900

## FOOT REJUVENATION

A reinvigorating foot scrub and stone massage treatment designed to enhance the vitality of your feet and lower legs. A natural Icelandic herbal salve is used to soften the skin and protect your feet.

25min | 18,900

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AUSTURBAKKI 2, 101 REYKJAVÍK, ICELAND  
PHONE +354 582 0020 | [EDITIONHOTELS.COM](http://EDITIONHOTELS.COM)