

# The Spa at The Jeddah EDITION

The EDITION Spa provides the perfect anti-dote to City life and the stresses of travel. A haven of peace within the heart of Jeddah our beautifully curated sensorial experiences align energetic and physical wellbeing, calming, restoring, and returning you to reality with renewed inner radiance. Showcasing innovative and locally inspired spa, wellbeing, and skincare treatments The Jeddah EDITION Spa blends timeless philosophies with innovative techniques, offering personalized, sensory treatment experiences and luxury products.

#### **GUIDELINES**

Should you need to cancel your appointment we would appreciate at least 4 hours' notice, to avoid the cancellation fee of 100% of the listed menu price. The cancellation fee will be waived if another appointment is booked within the same day or next day after the original reservation. We welcome guests aged 15 and above to enjoy and book spa treatments and use the gym facilities.

### **CONTACT**

For a personalized and curated Spa experience call us at +966 125140000 | +966 54 349 3400 or email us at spa.jed@editionhotels.com

HOURS OF OPERATION

10:00am -- 10:00 pm daily

# MASSAGE

Aroma Massage 60min SAR 460 90 min SAR 575

Flowing massage techniques and powerful essential oils combine to either soothe and calm, or uplift and invigorate body and mind, depending on your desired mood.

Swedish Massage 60min SAR 520 90 min SAR 630

This traditional massage style stimulates circulation, addresses muscle tension and enlivens the senses.

Deep Tissue Massage

60 min SAR 575, 90 min SAR 630

Personalized to focus on the deeper layers of tissue, using an array of massage techniques to release stored tension and encourage optimum circulation. It ensures relaxation for deep-seated muscles.

Back neck and shoulder Massage

30 min SAR 345/45 min SAR 400

Redues pain and tightness in areas of deep tension such as the back, neck and shoulders to Improved circulation of blood and the drainage of lymph from the upper body, A great way to de-stress and enhance a sense of well being



#### Foot Reflexology

30 min SAR 345/45 min SAR 400

Specific thumb, finger, and hand techniques are applied to the foot to energise and relax, resulting in improved sleep quality and mental health.

Hot Stone Massage 90 min SAR 690

Heated volcanic stones and a stunning blend of essential oils are used in this massage. The heat from the stones helps to relieve muscle or joint tension and increase blood circulation creating a balance of calm and wellbeing. This treatment is perfectly designed to promote a profound state of relaxation.

# ENHANCE YOUR JOURNEY WITH US

SIGNATURE STONE BOOSTER SAR 115

CAN BE ADDED TO ANY MASSAGE TREATMENT

This heat treatment helps to relax the muscles before the massage to increase the breakdown of knots and trigger points in the body.