

The SPA at The Bodrum EDITION offers a sanctuary where ancient healing traditions meet modern wellness practices, tailored to the unique spirit of Bodrum. Our spa provides a curated selection of treatments that blend the best of local therapies with global techniques, designed to rejuvenate the body, mind, and spirit.

Wellness is a personal journey, and our team of expert spa professionals is here to guide you through an experience that suits your needs and aspirations. Whether you are seeking relaxation, revitalization, or exploring new wellness practices, we are dedicated to enhancing your well-being in every way possible.

## SIGNATURE TREATMENTS

## EDITION SIGNATURE MASSAGE / 60min €300

Melt into an authentic EDITION experience with a focused intention on your body's needs. This massage, personalized to your desired pressure applying Swedish massage techniques, uses a nourishing blend of oils featuring the EDITION brand's signature Black Tea scent by Le Labo, a rich and complex aroma designed to tap into your feelings of wellbeing and comfort. The massage commences with a local ritual to embrace your sense of place within each destination. This exclusive massage experience is featured at our hotel spas worldwide and will leave you feeling calm, relaxed, and rejuvenated.

## PURE REJUVENATION / 60min €300

A deeply restorative massage experience that blends the calming flow of relaxation techniques with the healing warmth of a traditional herbal bag compress. Gentle, rhythmic strokes combined with harmonized pressure ease physical tension and quiet the mind, leaving you feeling renewed, balanced, and deeply at peace.

# DUAL HARMONY MASSAGE / 60min €455

Experience the ultimate relaxation with our Four Hands Massage, where two skilled therapists work in perfect synchronization. This harmonized technique uses gentle, balanced pressure and flowing movements to deeply release tension, reduce stress, and enhance circulation. It offers a profound sense of tranquility, leaving both body and mind completely rejuvenated.

## MASSAGES

## AROMA RELAXATION MASSAGE / 60min €220

Experience deep relaxation and renewal with our Aromatherapy Massage, a gentle, pressure-free treatment using bespoke essential oils. This calming massage soothes the mind, eases muscle tension, and enhances your overall sense of well-being.

## BALLMASSAGE / 60min €240

Experience the soothing rhythm of the Balinese Massage, a traditional technique that combines gentle stretches, long strokes, and moderate pressure. This therapeutic treatment enhances circulation, relieves tension, and restores balance to leave your body and mind in harmony.

## INTENSIVE MUSCLE THERAPY / 60min €265

A strong precise massage designed to target deep muscle layers. Using focused pressure, it relieves chronic pain, eases tension, and improves mobility. This invigorating treatment boost exercise recovery, reduces stress, and promotes relaxation. Ideal for muscle relief and overall recovery.

## THAI MASSAGE / 60min €265

Thai Massage is a traditional healing practice that combines acupressure, gentle stretching, and deep massage techniques to relieve tension and promote overall wellness. It helps to improve flexibility, increase energy flow, and restore balance to the body and mind, offering a deeply relaxing and rejuvenating experience.

## VOLCANIC STONE MASSAGE / 60min €265

This holistic treatment uses heated volcanic stones to deeply penetrate tired, aching muscles, easing tension and stimulating circulation. Healing hands further relax your body, bringing your mind to a peaceful state.

# HAWAIIAN HEALING MASSAGE BY OMOROVICZA / 60min €265

A traditional Hawaiian massage that uses long, flowing strokes with the hands, forearms, and elbows to relax the body, release tension, and promote overall well-being. Incorporating Omorovicza body massage techniques, this treatment combines medium to deep pressure to balance energy, ease muscle tension, and deliver deep physical and emotional relaxation.

## PREGNANCY MASSAGE / 50min €265

A soothing and restorative massage designed for expectant mothers, focusing on relieving tension and alleviating pregnancy-related discomforts. This treatment promotes deep relaxation, reduces stress, and nurtures both body and mind, providing a sense of calm and well-being during this special time.

## FACIAL TREATMENTS BY OMOROVICZA

## MOOR MUD THERAPY / 60min €275

A purifying and balancing treatment with postbiotic Moor mud from Hungary's Lake Héviz. Rich in minerals, fulvic and humic acids, it decongests pores, refines skin texture, and deeply hydrates. Ideal for oily/combination skin and those concerned with enlarged pores.

## GOLD HYDRA LIFTING / 60min €290

A nourishing treatment starting with Moor Mud to cleanse and exfoliate. A rose-scented gold mask with hyaluronic acid hydrates, while gold strengthens the skin. A signature massage lifts and firms, finishing with a touch of Gold Shimmer Oil for a subtle glow.

#### BLUE DIAMOND SKIN THERAPY / 75min €300

This premium anti-ageing, firming and brightening treatment helps to revitalise dull, lacklustre skin. This facial includes a cooling eye treatment and restores skin fitness, essential to the youthful behaviour of skin cells. The signature facial massage will accelerate the oxygenation of the skin to re-energise and lift.

## BODY TREATMENTS BY OMOROVICZA

#### BRIGHT GOLDEN SUMMER RITUAL / 60min €300

A luxurious 30-minute golden scrub with fair trade cane sugar and colloidal gold to exfoliate and restore radiance. Followed by a 30-minute body massage with Gold Shimmer Oil, leaving the skin deeply hydrated and glowing.

## FIRM & GLOW BODY TREATMENT / 60min €275

Enhance your experience with a 60-minute treatment that includes 15 minutes of dry skin brushing and 45 minutes of a body massage with OMOROVICZA Firming Body Oil. This invigorating treatment stimulates circulation, supports lymphatic drainage, and exfoliates the skin, followed by a deeply nourishing massage that leaves you feeling refreshed, rejuvenated, and firmed.

# TURKISH HAMMAM EXPERIENCES

### TRADITIONAL TURKISH HAMMAM / 45min €230

The Turkish Hammam treatment works to detoxify the body and relieve muscle tension. A comprehensive bath glove scrub exfoliates dead skin cells and stimulates blood flow, while the soothing soap massage improves skin elasticity.

## PURE SERENITY HAMMAM / 60min €290

Indulge in a deeply relaxing experience with the Pure Hammam, where the traditional black soap and kesse treatment, followed by a nourishing body mask and a soothing head massage with argan oil, provide a rejuvenating effect, leaving both your body and mind refreshed and renewed.

## ENHANCEMENTS

Enhance your treatment with our exclusive upgrades, thoughtfully performed within your scheduled session time. Enhancements are designed to complement your service and are not available individually.

#### FACE MASK / €80

Enhance your treatment with a high-performance face mask tailored to your skin's needs, delivering instant hydration, radiance, and revitalization.

## EYE CONTOUR MASK / €80

Refresh and brighten your eyes with a targeted massage and mask to reduce puffiness, dark circles, and fine lines.

## ENCHANTING AROMA / €40

Enhance your massage with luxurious aromatic oils for a truly indulgent experience.

A discretionary 4% service charge will be added to all prices.

## SHEA BUTTER TOUCH / €50

Nourish and protect your skin with a rich shea butter application. Ideal for dry or sensitive skin, it deeply hydrates and leaves your skin silky-smooth.

#### PRIVATE BEACH CABANA / €240

An exclusive experience with personalized service in a serene, private setting—ideal for those seeking luxury and comfort.

## ADD-ONS

Complement your treatment with our curated add-ons, bookable only alongside other services.

## EXTENDED RELIEF / 30min €120

Extend your treatment with an extra 30-minute full body massage for deeper relaxation.

# FOOT RELIEF MASSAGE / 30min €120

A soothing massage for feet and legs that relieves tension, boosts circulation, and eases fatigue. Leaves your legs feeling lighter, refreshed, and deeply relaxed.

# CALM FACE MASSAGE / 30min €120

A calming face massage that relieves tension, boosts circulation, and refreshes the skin for a relaxed, revitalized feeling.

## ZEN MASSAGE / 30min €120

Release tension and restore harmony with our soothing Head Massage. Focusing on the scalp, neck, and shoulders, improving circulation and fostering deep relaxation.

#### TURKISH SCRUB / 30min €150

A traditional exfoliating treatment using a rough mitt (kese) to remove dead skin cells, leaving the skin smooth, refreshed, and rejuvenated.

### SCALP&HAIR HAMMAM RITUAL / 20min €80

Within the serene hammam, the Omorovicza Revitalizing Scalp Mask nourishes the scalp and revitalizes hair with a gentle head massage.

#### DRY SKIN BRUSHING / 15min €50

Enhance your massage with dry skin brushing — it boosts circulation, supports lymphatic drainage, and gently exfoliates.

# MINI FACIAL / 30min €140

A quick and rejuvenating treatment that cleanses and hydrates your skin in just 30 minutes, leaving your complexion fresh and glowing.

A discretionary 4% service charge will be added to all prices.

## **RESERVATIONS**

We encourage our guests to schedule spa services in advance to ensure your ideal day and time of choice.

For a custom curated Spa experience, call us at +90 252 311 3131 to make a reservation. To reach us from your room, dial 3155.

You can also reach us via email at spa.bod@editionhotels.com

# **BOOK NOW**



#### **OPERATION HOURS**

10:00 am - 8:00 pm, daily

## SPA ARRIVAL

We recommend that you check in at Spa Reception at least 20 minutes prior to your first scheduled appointment. This allows us to have a brief discussion with you about your treatment expectations and also gives you ample time to visit the spa's oasis of heat and water. Please understand that late arrivals will not receive an extension of unscheduled treatments.

## **CANCELLATIONS**

Please call at least 6-hours prior to your appointment should you need to cancel to avoid the cancellation fee, 100% of the listed menu price.

#### AGE REQUIREMENT

Guests aged 16 and above are welcome to enjoy our facial treatments. Massage and body treatments are available to guests aged 18 and above. For guests under the age of 16, only manicure and pedicure services are available.

#### **PREGNANCY**

We offer specially designed treatments for expectant mothers. Please allow our Spa Reception team to assist you in selecting the most suitable option for your stage of pregnancy.

